

# Dialectical Behavior Therapy for patients with antisocial personality disorder: a pilot study in FPC Oldenkotte

Published: 11-07-2006

Last updated: 14-05-2024

The objective of the study is to find out the possible effects of the DBT program for antisocial patients and the best instruments to measure these effects. It is a try-out of the program and it will be modified if necessary. The longer term aim is...

|                              |   |
|------------------------------|---|
| <b>Ethical review</b>        | Approved WMO  |
| <b>Status</b>                | Recruiting  |
| <b>Health condition type</b> | Personality disorders and disturbances in behaviour |
| <b>Study type</b>            | Interventional                                      |

## Summary

### ID

NL-OMON30175

### Source

ToetsingOnline

### Brief title

DBT for antisocial patients

### Condition

- Personality disorders and disturbances in behaviour

### Synonym

antisocial personality disorder, character disorder

### Research involving

Human

### Sponsors and support

**Primary sponsor:** FPC Oldenkotte

**Source(s) of monetary or material Support:** Het Expertisecentrum Forensische Psychiatrie. Er wordt verder subsidie aangevraagd bij het Ministerie van Justitie.

## Intervention

**Keyword:** antisocial personality disorder, dialectical behavior therapy

## Outcome measures

### Primary outcome

1. Impulsivity: operationalised as a impairment in response-inhibition, will be measured with a neuropsychological test, the Stop-task (Bekker et al. 2005) and with the BIS-part of the BIS-Bas self-report Scale (Montagne et al 2005); operationalised als level of selfcontrol impulsivity will be measured by assessing cortisol levels in sputum. (Loney et al. 2006 ).
2. Emotional sensitivity: heightened emotional sensitivity should improve achievement on a test for recognition of emotional facial expressions (Montagne et al. 2005, Blair 2004), especially recognition of fearful and sad expressions.
3. Hostile and dominant behavior will be measured in four ways:
  1. Self report: BDHI-D, SCL-90, and the BAS-part of the BIS/BAS - scale. (Montagne et al. 2005).
  2. (only for clinical patients:) Observation of hostile behavior by sociotherapists with the Atascadero Skills Profile (Vess 2001) and registration of violent incidents with the SOAS-r (Nijman, Muris & Merkelbach 2004).
  3. Neuropsychologically with the Masked Emotional Stroop Test (Putman, Hermans en Van Honk 2004).
  4. Level of testosteron in the sputum (Dabbs 1992)

### Secondary outcome

Patient-therapist relationship will be measured with the WAV (Working Alliance

Inventory) client and therapist version, and the Feeling Word Checklist (De Ruiter & De Vogel 2003).

The adequacy of the procedure, drop-out of patients and the evaluation of the program by therapists and patients will be studied and the necessity of improvements in the program will be considered.

## **Study description**

### **Background summary**

This is a pilot study into the effects of a program of Dialectical Behavior Therapy (DBT) for antisocial patients. In forensic psychiatry en addiction care many patients with antisocial problems can be found. This kind of problems form a important risk factor for violent behavior. For antisocial patients there are no effective treatment programs available. DBT has been developed by prof. M.Linehan in the US. The program has been proven effective for patients with a borderline personality disorder (BPD). It has been used now for two years in Oldenkotte.

### **Study objective**

The objective of the study is to find out the possible effects of the DBT program for antisocial patients and the best instruments to measure these effects. It is a try-out of the program and it will be modified if necessary. The longer term aim is to make implementation possible in other tbs- and addiction clinics and to carry out a randomized clinical trial.

### **Study design**

The design is a randomized repeated measurements design. The experimental group consists of two therapygroups of 6-8 patients. The controlgroup consists of the same number of patients getting treatment as usual.

### **Intervention**

The intervention consist of 14 weeks of DBT.

### **Study burden and risks**

The burden for the patients is not high, and there are no risks connected at participating in the study. We expect that they can benefit from the treatment. Assessments have a total duration of 2 x 2 hours, and besides that 2 - 3 hours for the outpatients. In session one they complete the self-report questionnaires, in session two the neuropsychological and the physiological tests. These tests consist of three, rapidly to carry out, computer-directed tasks and a non-evasive physiological test.

## Contacts

### **Public**

FPC Oldenkotte

postbus 13  
7150 AA Rekken  
Nederland

### **Scientific**

FPC Oldenkotte

postbus 13  
7150 AA Rekken  
Nederland

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Patients with antisocial personality disorder or a personality disorder otherwise with antisocial features and impulsivity problems.

## Exclusion criteria

Chronic psychotic symptoms, IQ <80, primary diagnosis of a borderline personality disorder.

## Study design

### Design

|                     |                             |
|---------------------|-----------------------------|
| Study phase:        | 2                           |
| Study type:         | Interventional              |
| Intervention model: | Parallel                    |
| Allocation:         | Randomized controlled trial |
| Masking:            | Open (masking not used)     |
| Control:            | Active                      |
| Primary purpose:    | Treatment                   |

### Recruitment

|                           |            |
|---------------------------|------------|
| NL                        |            |
| Recruitment status:       | Recruiting |
| Start date (anticipated): | 01-06-2007 |
| Enrollment:               | 30         |
| Type:                     | Actual     |

### Medical products/devices used

|               |    |
|---------------|----|
| Registration: | No |
|---------------|----|

## Ethics review

|                    |  |
|--------------------|--|
| Approved WMO       |  |
| Date:              | 11-07-2006   |
| Application type:  | First submission   |
| Review commission: | METIGG: Medisch Ethische Toetsingscommissie Instellingen Geestelijke Gezondheidszorg (Utrecht) |

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

| Register | ID             |
|----------|----------------|
| CCMO     | NL11441.097.06 |