

# Pilotimplementation of a treatment protocol for Turkish, Moroccan and other non-western immigrants with work-related psychological problems

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The objective of this study is to examine the feasibility of developing a useful and transferable treatment protocol and to study the impeding and facilitating factors of the implementation of the intervention in a fieldsetting. The effects of the...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Will not start
<b>Health condition type</b>	Other condition
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON30386

### Source

ToetsingOnline

### Brief title

Pilotimplementation of a treatment protocol

### Condition

- Other condition

### Synonym

work related psychological problems

### Health condition

psychische problematiek. Dit kunnen psychische stoornissen zijn zoals depressieve stoornis, angststoornis en aanpassingsstoornis maar ook psychische klachten die niet voldoen aan DSM IV criteria

## Research involving

Human

## Sponsors and support

**Primary sponsor:** Trimbos-instituut

**Source(s) of monetary or material Support:** UWV

## Intervention

**Keyword:** cognitive behavioral therapy, feasibility, immigrants, work related psychological problems

## Outcome measures

### Primary outcome

- client satisfaction with the treatment
- professional satisfaction with the treatment
- impeding and facilitating factors concerning the implementation of the intervention in the field
- client absenteeism
- the clients psychological problems
- quality of the clients life
- stressors on the job from the clients perspective

### Secondary outcome

none

## Study description

### Background summary

In the Netherlands employees from Turkish and Moroccan descent are at greater

risk of becoming disabled, unable to work, because of psychological complaints. In order to try to get these employees to return to work and make sure they maintain part of the workforce the Trimbos-Institute has developed a treatment protocol for Turkish, Moroccan and other non-western immigrants with work related psychological problems.

### **Study objective**

The objective of this study is to examine the feasibility of developing a useful and transferable treatment protocol and to study the impeding and facilitating factors of the implementation of the intervention in a fieldsetting. The effects of the intervention on the psychological complaints, quality of life and absenteeism of the clients will also be part of the focus of this study.

### **Study design**

This study is a feasibility study containing a process evaluation and a pre- and posttest aimed at measuring the psychological complaints, quality of life and absenteeism of the clients.

### **Intervention**

Psychosocial intervention consisting of cognitive behaviour therapy for clients with work related psychological problems.

### **Study burden and risks**

There are no expected risks involved with the treatment.

The burden of this project for the client consists of the time they have to invest in the pre- en posttest (interview and questionnaires).

## **Contacts**

### **Public**

Trimbos-instituut

Da Costakade 45  
3521 VS Utrecht  
Nederland

### **Scientific**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- \* Turkish, Moroccan or other non-western immigrant men and women between the ages 18 and 65
- \* with psychological problems
- \* and are absent from their job or are at risk of absenteeism

### Exclusion criteria

- \* problems with substance abuse, psychotic symptoms and/or are suicidal.
- \* somatic problems that interfere with treatment for psychological problems
- \* conflict with colleagues which are already being dealt with legally
- \* wartrauma

## Study design

### Design

**Study type:** Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

## Recruitment

NL  
Recruitment status: Will not start  
Start date (anticipated): 01-01-2007  
Enrollment: 50  
Type: Anticipated

## Ethics review

Approved WMO  
Date: 25-01-2007  
Application type: First submission  
Review commission: METIGG: Medisch Ethische Toetsingscommissie Instellingen Geestelijke Gezondheidszorg (Utrecht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL15405.097.06