

# Pilot study for the project: A randomized clinical trial of urinary incontinence in older women: cost- effectiveness of protocolized assessment and evidence based treatment

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Genitourinary tract disorders NEC
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON30406

### Source

ToetsingOnline

### Brief title

Pilot urinary incontinence in elderly women

### Condition

- Genitourinary tract disorders NEC

### Synonym

involuntary loss of urine, urinary incontinence

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** elderly women, family practice, quality of life, urinary incontinence

## Outcome measures

### Primary outcome

In the pilot the recruitment procedure is studied, the quality of the data from the questionnaires and the micturition diary and the logistics of the urogynaecological examination. Also, the time investment is measured.

### Secondary outcome

niet van toepassing

## Study description

### Background summary

Many elderly women with involuntary loss of urine go undiagnosed and untreated. Proven effective treatments are underused. There is a lack of data on the cost-effectiveness of an active, protocolized assessment and evidence based treatment of urinary incontinence. That is why a preliminary application is made with ZonMW for a randomized clinical trial of urinary incontinence in elderly women.

A pilot study is needed to study the recruitment of patients and the diagnostic pathway in general practice and at the outpatient department for pelvic floor studies of the UMCG.

### Study objective

The objective of the pilot study is to get information on the recruitment of patients, the filling in of the questionnaires, the micturition diary, the course of and information from the interview and about the logistics of the urogynaecological examination.

With these data the intervention in the experimental group of patients can be

planned optimally. In the pilot study special attention is paid to the impact of the diagnostic pathway for the patient, the quality of the data from the questionnaires and the time needed for the urogynaecological examination

## **Study design**

The pilot study has an observational design. The diagnostic pathway is tested that will be followed by patients who will be randomized into the intervention group in the future randomized trial.

## **Study burden and risks**

The subjects in the study population do not run any risk from the investigations as all tests are non-invasive. The burden of the study consists of the filling in of questionnaires, the answering of questions in the interview and the participation in a urogynaecological examination.

## **Contacts**

### **Public**

Academisch Medisch Centrum

Antonius Deusinglaan 1 / Postbus 196  
9700 AD Groningen  
Nederland

### **Scientific**

Academisch Medisch Centrum

Antonius Deusinglaan 1 / Postbus 196  
9700 AD Groningen  
Nederland

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

## Age

Adults (18-64 years)

Elderly (65 years and older)

## Inclusion criteria

Women 55 years or older

Suffering from urinary incontinence: involuntary loss of urine two or more times a month

Able to fill in a questionnaire

Informed consent

## Exclusion criteria

Indwelling urinary cateter

Urogynaecological malignancies

Demented

Poor physical condition

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 02-01-2007

Enrollment: 20

Type: Actual

## Ethics review

Approved WMO	
Date:	22-12-2006
Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL15480.042.06