# Effectiveness of Neurofeedbacktraining for improving attention, special relevance to the ADHD population.

Published: 10-07-2007 Last updated: 08-05-2024

To evaluate the effectiveness of neurofeedbacktraining on enhancing attention.

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Impulse control disorders NEC
Study type	Interventional

# Summary

### ID

NL-OMON30441

**Source** ToetsingOnline

**Brief title** Effectiveness Neurofeedbacktraining on attention

### Condition

• Impulse control disorders NEC

**Synonym** ADHD, High impulsivity

**Research involving** Human

### **Sponsors and support**

Primary sponsor: Universiteit Utrecht Source(s) of monetary or material Support: Ministerie van OC&W

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### Intervention

Keyword: ADHD, attention, neurofeedback, sham

#### **Outcome measures**

#### **Primary outcome**

Impulsivity-score on Questionnaires

R-CPT, false alarms

STOP-task, stopping reaction time.

QEEG

#### Secondary outcome

not applicable

# **Study description**

#### **Background summary**

Neurofeedbacktraining is a treatment already being applied by several institutes. Many studies strongly suggest an above placebo effect of neurofeedbacktraining on attention. However, to this date, no strong sham-included, double-blind studies have been conducted which specifically evaluate the effect of neurofeedback on attention.

#### **Study objective**

To evaluate the effectiveness of neurofeedbacktraining on enhancing attention.

#### Study design

Two groups: sham-group and treatment group. Two measurements (+ one interim analysis), before and after the experiment (neurofeedback training / sham training)

Participants are randomly assigned to either the treatment group or the sham group. The study is double-blind, the experimenter nor the subject is aware of the assignment. For statistical analysis, an ANOVA will be performed, and an interaction between measurement and group is expected.

#### Intervention

Neurofeedbacktraining.

#### Study burden and risks

Participants are within the experiment for about 18 weeks, they have twice a week a session of 30 minutes.

It is expected that participants in both groups will benefit from the experiment.

Participants in the treatment group will probably benefit because of the neurofeedback treatment + placebo + practice effects, and participants in the sham group will likely benefit because of just the placebo en practice effects. Besides this benefit, they will also receive proefpersoonuren and a modest financial compensation.

# Contacts

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# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

# **Inclusion criteria**

Relatively high impulsive students 18-27 year old

## **Exclusion criteria**

psychological disorders, drug use, epilepsy

# Study design

# Design

Study type:	Interventional	
Intervention model:	Parallel	
Allocation:	Randomized controlled trial	
Masking:	Double blinded (masking used)	
Control:	Active	
Primary purpose:	Treatment	

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	29-10-2007
Enrollment:	40
Туре:	Actual

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# **Ethics review**

Approved WMODate:10-07-2007Application type:First submissionReview commission:METC Universitair Medisch Centrum Utrecht (Utrecht)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register** CCMO ID NL16220.041.07