# The difference in result between the Hoffman's procedure and release of the MTP joints in the correction of deformities of the MTP joints in the reumatoid arthritic foot.

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To identify if soft tissue correction of the MTP joints compared to resection of the metatarsal heads (Hoffman's procedure), in patients suffering from reumatoid arthritis, has better outcome; in both study groups PIP resection artroplasty and...

**Ethical review** Approved WMO

**Status** Recruitment stopped

Health condition type Tendon, ligament and cartilage disorders

**Study type** Interventional

## Summary

## ID

NL-OMON30500

#### Source

**ToetsingOnline** 

#### **Brief title**

Correction of MTP deformities in the reumatoid arthritic foot.

## Condition

- Tendon, ligament and cartilage disorders
- Bone and joint therapeutic procedures

## **Synonym**

forefoot deformities, metatarsophalangeal joint deformities

## Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Isala Klinieken

Source(s) of monetary or material Support: vakgroepen; onderzoeks fonds

## Intervention

Keyword: Hoffman's procedure, MTP deformities, MTP release, Reumatoid arthritis

## **Outcome measures**

## **Primary outcome**

Kitaoka foot/ ankle score (=AOFAS score)

## **Secondary outcome**

VAS pain score

X- ray of the foot

Physical examination

Satisfaction scale

Nijmegen classification

Cosmetic scale

Mobility scale

# **Study description**

## **Background summary**

Almost 90% of the patients, suffering from reumatoid arthritis, has symptoms of foot deformities. Most of the times there is a combination of hallux valgus with progressive dorsal subluxation of the lesser MTP joints.

In case of MTP deformities in patients with reumatoid arthritis there is not always uniformity in which surgical procedure to apply. One may choose between resection of the metatarsal heads (Hoffman procedure) and soft tissue correction.

In the literature there are no prospective randomized studies about lesser toe surgery in patients suffering from reumatoid arthritis. A prospective study

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needs to correct indistinctnesses and needs to result in an empirical basis for the intervention of first choice in specific arthritic deformities.

## **Study objective**

To identify if soft tissue correction of the MTP joints compared to resection of the metatarsal heads (Hoffman's procedure), in patients suffering from reumatoid arthritis, has better outcome; in both study groups PIP resection artroplasty and MTP 1 arthrodesis will be performed during the same operation.

## Study design

It is a prospective randomised multi-centre clinical study. In every medical centre each patient will be randomised for one of the operative procedures (Hoffman procedure vs soft tissue release). This will lead to two study groups, which will be compared.

Indications for surgery are: reumatoid arthritis, pain, impaired mobility, dislocation and destructive changes of the MTP joints and after failure of conservative therapy after a duration of at least 6 months of therapy. After information and signing the informed consent form the patient will be included in the study.

#### Intervention

Surgery; one of the two methods:

- 1. Resection of the metatarsal heads (Hoffman's procedure)
- 2. Soft tissue release of MTP joints

## Study burden and risks

The postoperative follow- up moments are at 3 months, 1 year and 5 year. Every outpatient visit of the included patient will have a duration of about 60 minutes. During these visits the patient will be interviewed, physically examined and the patient will have to fill out certain questionnaires. At 1 and 5 year postoperatively a X- ray of the foot will be performed. Next to these

visits there will not be any other burden for the patient, related to this study.

Except for the known risks related to surgery, there are no extra risks related to this study.

## **Contacts**

#### **Public**

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

Every cooperative patient with reumathoid arthritis, who has an indication for surgical intervention because of symptomatic MTP deformities (as defined in the protocol).

## **Exclusion criteria**

- \*Infected bursae/ clavi
- \*Active reumathoid arthritis
- \*Simultaneous surgical intervention of the foot, except for toe surgery
- \*Certain comorbidity: arterial insufficiency, complex regional pain syndrome, diabetes mellitus, active infection

# Study design

## **Design**

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Treatment

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 20-04-2007

Enrollment: 100

Type: Actual

## **Ethics review**

Approved WMO

Date: 18-02-2008

Application type: First submission

Review commission: METC Isala Klinieken (Zwolle)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL15511.075.06