# Use of SSRI in pregnancy: Consequences for motor and cognitive development of the child.

Published: 22-01-2007 Last updated: 20-05-2024

The objective of this study is to examine the consequences of the use of an SSRI in pregnancy for motor and cognitive development of the child, in the short and long term.

**Ethical review** Approved WMO **Status** Recruiting

**Health condition type** Movement disorders (incl parkinsonism)

**Study type** Observational non invasive

# **Summary**

#### ID

NL-OMON30573

#### Source

ToetsingOnline

#### **Brief title**

**SMOK** 

SSRI Medication in pregnant women: Effect on Development of Children.

#### **Condition**

- Movement disorders (incl parkinsonism)
- Neonatal and perinatal conditions
- Developmental disorders NEC

#### Synonym

motor and cognitive development/ motor and mental development

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Groningen

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Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** child, development, pregnancy, SSRI

#### **Outcome measures**

#### **Primary outcome**

In the first week after birth and at 3 months post-term: Quality of general

movements.

At the age of 2 and 6 years: Motor and cognitive development.

#### **Secondary outcome**

Not applicable.

# **Study description**

#### **Background summary**

Infants of depressed mothers are at increased risk for developing cognitive and motor problems. A major depression often is treated with drugs, also in pregnant women, although the risk of the drug for the fetus is unknown. Approximately 2% of the Dutch pregnant women is using an SSRI (selective serotonin reuptake inhibitor) as antidepressant drug.

SSRI\*s cross the placenta easily. The consequences of the use of an SSRI by the mother for the child remain to be determined. Short-term consequences are, among other things, an increased incidence of birth defects, withdrawal symptoms, convulsions, low Apgar score, low birth weight, prematurity, and admission to a neonatal intensive care unit. Long-term effects are insufficiently examined.

Neurotransmitters, especially the ontogenetic \*old \*ones like serotonin, are detectable in the embryo before the neurons are differentiated. Serotonin is present in the fertilized egg and is involved in the morphogenesis of brain, heart, craniofacial epithelium and other structures. In MAO- knockout mice in which an excessive amount of serotonin is present, normal development of the somatosensor cortex is absent. Both a deficiency as well as an excessive amount of serotonin changes the amount and development of neurons in the brain. Hypothesis: Regarding the facts that serotonin is involved in synthesis of serotonergic neurons (autoregulation) as well as in the development of target

tissues such as specific parts of the brain, the use of SSRI in pregnancy could lead to problems in the development of the fetus, both structurally as in the case of morphogenesis, and in motor and cognitive development.

#### **Study objective**

The objective of this study is to examine the consequences of the use of an SSRI in pregnancy for motor and cognitive development of the child, in the short and long term.

#### Study design

A prospective controlled design.

#### Study burden and risks

The tests at the age of 1 week and 3 months concern the observation of spontaneous movements and carry no burden for the child.

The test at the age of 2 years can be judged as a play situation in which the child is invited to show certain skills.

The tests at the age of 6 years are divers and can easily be performed by children of this age.

This research can only be performed with children because it concerns the development of children. These tests carry no risks for the child.

# **Contacts**

#### **Public**

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#### **Scientific**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Children (2-11 years) Elderly (65 years and older)

#### Inclusion criteria

Newborn baby exposed to a SSRI in utero.

#### **Exclusion criteria**

- 1. Exposure to an anti-epileptic drug in utero.
- 2. Simultaneous exposure to a non-SSRI antidepressant as well as a SSRI in utero.

# Study design

## **Design**

Study type: Observational non invasive

Intervention model: Other

Allocation: Non-randomized controlled trial

Masking: Open (masking not used)

Primary purpose: Basic science

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 15-04-2007

Enrollment: 240

Type: Actual

# **Ethics review**

Approved WMO

Date: 22-01-2007

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

ISRCTN ISRCTN53506435 CCMO NL13159.042.06