

# The Eindhoven Breech Intervention Study (EBIS)

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Primary outcome is to evaluate whether successful ECV is associated with maternal thyroid function and mood state in single pregnant women with breech position at end term.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Pregnancy, labour, delivery and postpartum conditions
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON30624

### Source

ToetsingOnline

### Brief title

Ebis

## Condition

- Pregnancy, labour, delivery and postpartum conditions

### Synonym

External version of a foetus in breech position

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Maatschap gynaecologie Catharina-ziekenhuis

**Source(s) of monetary or material Support:** Aanvraag bij industrie en wetenschappelijk fonds Catharina-ziekenhuis wordt gedaan.,Ferring

## Intervention

**Keyword:** Breech Presentation, External Cephalic Version, Thyroid function tests

## Outcome measures

### Primary outcome

Main study parameters/endpoints: Main study parameter is the difference in mean FT4 (thyroid hormone) in women with successful ECV compared to those with no successful outcome of ECV. Moreover the independent relation between maternal mood state versus successful ECV will be assessed.

### Secondary outcome

A secondary outcome is to evaluate whether neonatal thyroid parameters is associated with ECV.

## Study description

### Background summary

Maternal hypothyroxinemia during gestation is associated with impaired motor development of the offspring. Foetal movements is generally accepted to be important to present the foetus at term in cephalic position. Breech position is associated with increased foetal and maternal morbidity which means that low risk interventions that can reduce breech position may reduce this increased risk. External cephalic version (ECV) is a low risk intervention which - if successful - reduces the risk of Caesarean Section up to 80%. Until now, ECV is successfully performed in 40 - 50% of the cases.

Parity, type of breech presentation, localisation of the placenta and birthweight are important determinants of success.

So far no biochemical determinants are known.

### Study objective

Primary outcome is to evaluate whether successful ECV is associated with maternal thyroid function and mood state in single pregnant women with breech position at end term.

## Study design

Prospective observational study.

## Study burden and risks

Nature and extent of the burden and risks associated with participation, benefit and group relatedness: There is no burden and risk associated with participation: women are only asked to participate into EBIS after they decided to have ECV as part of routine good clinical practice. Assessment of blood samples also do not include additional invasive research: all women already have a vena-punction as a parameter of the safety protocol for routine ECV in clinical practice. Neonatal thyroid parameters will be assessed in cord blood after the dissection of the placenta from the umbilical cord.

Intervention (if applicable): No additional intervention is applicable except for several questionnaires to assess maternal mood state.

## Contacts

### Public

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Michelangelolaan 2  
6523 EJ Eindhoven  
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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Single pregnancy
- Gestation of 35 weeks or more
- Appropriate knowledge of the Dutch language
- Foetus in any of the 4 types of breech presentation:
  - Frank breech presentation (highest incidence)
  - Complete breech presentation (nonfrank breech presentation)
  - Incomplete breech presentation
  - Footling presentation

### Exclusion criteria

- Indications for caesarean delivery irrespective of presentation (eg, placenta previa)
- Previous caesarean section
- Previous abruptio placenta
- Multiple pregnancy
- Ruptured membranes
- Nonreassuring fetal monitoring test results
- Hyperextended fetal head
- Significant fetal or uterine anomaly
- Use of thyroid medication
- Maternal autoimmune diseases such as insulin-dependent diabetes mellitus or rheumatoid arthritis
- Intra-uterine growth retardation
- Oligo or anhydramnion
- Hiv-positive women

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control:	Uncontrolled
Primary purpose:	Treatment

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	16-10-2007
Enrollment:	208
Type:	Actual

## Ethics review

Approved WMO	
Date:	15-03-2007
Application type:	First submission
Review commission:	MEC-U: Medical Research Ethics Committees United (Nieuwegein)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL14584.060.06