

# Validation of quantitative hepatic fat ultrasonography, by means of a MRI technique.

Published: 25-01-2007

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The aim of this study is to validate a protocol for ultrasonographic hepatic fat assessment, by means of Magnetic Resonance Imaging technique (MRI) as gold standard.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Glucose metabolism disorders (incl diabetes mellitus)
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON30811

### Source

ToetsingOnline

### Brief title

Validation of ultrasonographic hepatic fat assessment.

### Condition

- Glucose metabolism disorders (incl diabetes mellitus)
- Hepatic and hepatobiliary disorders
- Lipid metabolism disorders

### Synonym

Fatty Liver Disease (FLD)

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Hepatic lipids, MRI, Ultrasonography

## Outcome measures

### Primary outcome

Amount of liver fat: pixel intensity (mode, mean, sd) for ultrasonography and peak areas (H<sub>2</sub>O : fat) for MRI.

### Secondary outcome

Body mass index, waist circumference, blood pressure.

## Study description

### Background summary

Cardiovascular disease is primary dead cause number 1 in the western population, making studies on early risk factors mandatory. Several studies suggest that the amount of liver fat may be a predictor for future cardiovascular disease. Ultrasonography is an attractive technique for performing large epidemiologic field studies.

### Study objective

The aim of this study is to validate a protocol for ultrasonographic hepatic fat assessment, by means of Magnetic Resonance Imaging technique (MRI) as gold standard.

### Study design

Validation study

### Study burden and risks

Burden: Non-invasive ultrasonography, lying motionless for a long time (40 min) with noise in the MRI scanner.

Risks: Small

## Contacts

### **Public**

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Hanzeplein 1  
9700 RB Groningen  
Nederland

### **Scientific**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

Differences with other participants: a study population as heterogenous as possible.  
However, this does not guarantee large difference in the amount of liver fat.

### **Exclusion criteria**

viral hepatitis, cirrosis

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 01-05-2007

Enrollment: 30

Type: Actual

## Ethics review

Approved WMO

Date: 25-01-2007

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

**In other registers**

Register	ID
CCMO	NL15584.042.06