# Effects of left ventricular pacing optimalisation on cardiac perfusion, contractile force, and clinical performance in patients with ventricular dysfunction and heart failure

Published: 15-11-2007 Last updated: 08-05-2024

To compare a surgical approach with the conventional transvenous approach by assessment of differences on the effects on cardiac perfusion and relate this to the clinical cardiac function.

| Ethical review        | Approved WMO   |  |
|-----------------------|----------------|--|
| Status                | Recruiting     |  |
| Health condition type | Heart failures |  |
| Study type            | Interventional |  |

# Summary

### ID

NL-OMON31055

**Source** ToetsingOnline

Brief title CONTRACT

# Condition

• Heart failures

**Synonym** congestive heartfailure, heartfailue

#### **Research involving**

Human

### **Sponsors and support**

**Primary sponsor:** Sint Antonius Ziekenhuis **Source(s) of monetary or material Support:** Ministerie van OC&W

### Intervention

Keyword: cardiac resynchronisation therapy, coronary sinus, epicardial lead

#### **Outcome measures**

#### **Primary outcome**

Degree of change in cardiac perfusion abnormalities and the relation to cardiac

function.

#### Secondary outcome

Determination of the diagnostic value of TDI, 2D- and 3D-echocardiography to

predict the optimal site of LV stimulation in BIV paced patients to support and

optimize pacing therapy.

Change in clinical status.

Improvement of NYHA classification.

Difference in QRS duration on the ECG.

Improvement of 6MWT.

Improvement in QOL score.

Changes in biomarkers (ANP, and pro-BNP).

Determination of the feasibility of epicardial LV lead placement at the site of

maximum dyssynchrony.

# **Study description**

#### **Background summary**

Resynchronisation therapy has shown to reduce mortality and improve morbidity. During biventricular pacing, optimal LV lead placement is crucial to achieve a maximum effect. LV lead placement through the conventional transvenous route is often hampered by unfavourable coronary sinus anatomy and diaphragm stimulation. Furthermore this approach is time-consuming and performed using prolonged fluoroscopy times. Often, a sub-ideal lead position is accepted and further extensive attempts are aborted. Surgical epicardial LV lead placement at a position anticipated being the optimal site (with maximal dyssynchrony) as measured by preoperative tissue Doppler imaging may be a more favourable approach. This may be expressed by a better myocardial perfusion.

#### **Study objective**

To compare a surgical approach with the conventional transvenous approach by assessment of differences on the effects on cardiac perfusion and relate this to the clinical cardiac function.

### Study design

This study is designed as a randomised, single-centre, open-label trial, with a minimum of 26 patients in each group. Patients included have a clear indication for resynchronization therapy. After randomization a biventricular ICD is implanted. To analyse changes in clinical parameters, baseline data are collected derived from the patient\*s history, physical examination, NYHA classification, ECG, laboratory testing with assessment of biomarkers such as ANP/pro-BNP, 6-minute walk testing (6MWT), quality of life questionnaires (QOL), 2D- and 3D echocardiography, and findings on SPECT. These data are repeated during follow-up (at 3 and 6 months). The study is completed as soon as the inclusion is complete 6 months after the last patient is included.

#### Intervention

Implantation of a biventricular pacemaker, with or without ICD-function. Depending on the randomization, a transvenous os surgical epicardial placement of the LV lead is performed.

### Study burden and risks

3 visits to the outpatient clinic ar expected of every patient, at baseline and at 3 and 6 months after implantation. During this visits, physical examination, NYHA classification, ECG, laboratory testing, 6-minute walk testing (6MWT), quality of life questionnaires (QOL), 2D- and 3D echocardiography and SPECT are performed.

# Contacts

**Public** Sint Antonius Ziekenhuis

koekoekslaan 1 3435 CM, Nieuwegein Nederland **Scientific** Sint Antonius Ziekenhuis

koekoekslaan 1 3435 CM, Nieuwegein Nederland

# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

Heart failure, New York Heart Association (NYHA) class III or IV QRS-duration >120 ms, or when paced > 200 ms on 12-lead ecg left bundle branch block on ecg LVEF at most 35% Dyssynchrony on echocardiography Optimal medical treatment for congestive heart failure

### **Exclusion criteria**

Age < 18 years Severe heart failure with life expectancy < 6 months

Permanent or persistent atrial fibrillation Indication for cardiac surgery within 6 months Life expectancy < 1 year Contraindications for anesthesia Participation in another clinical trial Pregnancy

# Study design

# Design

| Study type:         | Interventional              |
|---------------------|-----------------------------|
| Intervention model: | Parallel                    |
| Allocation:         | Randomized controlled trial |
| Masking:            | Open (masking not used)     |
| Control:            | Active                      |
| Primary purpose:    | Treatment                   |

### Recruitment

| NL                        |            |
|---------------------------|------------|
| Recruitment status:       | Recruiting |
| Start date (anticipated): | 18-09-2008 |
| Enrollment:               | 52         |
| Туре:                     | Actual     |

### Medical products/devices used

| Generic name: | ICD with biventricular pacemaker |
|---------------|----------------------------------|
| Registration: | Yes - CE intended use            |

# **Ethics review**

| Approved WMO       |  |
|--------------------|--|
| Date:              | 15-11-2007                                       |
| Application type:  | First submission                                 |
| Review commission: | MEC-U: Medical Research Ethics Committees United |

|                       | (Nieuwegein)  |
|-----------------------|---|
| Approved WMO<br>Date: | 21-03-2011  |
| Application type:     | Amendment   |
| Review commission:    | MEC-U: Medical Research Ethics Committees United (Nieuwegein) |

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register** CCMO Other ID NL17793.100.07 RDC-2006-04