# Activating the frontal brain in schizophrenia: comparison of aripiprazole versus resperidone using functional magnetic resonance imaging

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This study looks if the third generation antipsychotic aripiprazole can improve activity of the prefrontal cortex and cognitive and social function, when compared to the second generation antipsychotic risperidone.

Ethical review Approved WMO

**Status** Recruitment stopped

**Health condition type** Schizophrenia and other psychotic disorders

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON31229

#### **Source**

ToetsingOnline

#### **Brief title**

MRI study on the effect of Abilify versus Risperdal

#### **Condition**

Schizophrenia and other psychotic disorders

#### Synonym

chronic psychosis, Schizophrenia

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Groningen

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Source(s) of monetary or material Support: Europian Young Investigators Award

#### Intervention

**Keyword:** aripiprazole, fMRI, frontal cortex, risperidone

#### **Outcome measures**

#### **Primary outcome**

Difference in brain activity of the prefrontal cortex between groups with different medication. Besides accuraty and reaction times during task performance and severeness of positive and negative symptoms.

#### **Secondary outcome**

nvt

# **Study description**

#### **Background summary**

Schizophrenia is characterized by a widespread cognitive disfunction, affecting the domains of memory, learning, attention and executive functioning. Besides, disabilities in social functioning excist, one of the main characteristics of schizophrenia. These problems are possibly caused by disminished activity of the prefrontal cortex. The third generation antipsychotic Abilify (aripipralole) can restore improve the activity of the prefrontal cortrex. This could cause a decrease in negative symptoms and improve social cognition. Risperdal (risperidone) has another mode of action, in which dopamine is blocked in the whole brain. Therefore the expectations are that activity of the prefrontal cortex will not increase substantially when Risperdal is prescribed, in contrast to Abilify that will activate the prefrontal cortex.

#### Study objective

This study looks if the third generation antipsychotic aripiprazole can improve activity of the prefrontal cortex and cognitive and social function, when compared to the second generation antipsychotic risperidone.

#### Study design

24 patients suffering from schizophrenia will be randomly assigned to Abilify (aripiprazole) or Risperdal (risperidone), only when no clear preference excists for one of the two kinds of medication. During the treatment there will be regular visits to the clinician in charge. Before onset of medication intake an MRI experiment will be conducted. Subsequentially a transitionperiod of three weeks to Abilify or Risperdal takes place. In this period the current medication is gradually decreased while the intake of the new medicines is gradually increased. Next treatment with new medication will be continued for four weeks. After this period a second MRI experiment will take place. The fMRI experiments are composed of different tasks which activate the prefrontal cortex. Activity of the prefrontal cortex will be compared between patient groups, before and after use of Abilify and Risperdal. Activity of the prefontal cortex and social cognition should inprove (more) after treatment with aripiprazole. Besides positive and negative symptoms of schizophrenia will the rated with a structured interview, the PANSS.

Besides, 20 healthy controls will be included. They will be subjected to one MRI-session, and no antipsychotics will be administered. On a seperate occassion they will be interviewed with the mini-SCAN. This is a short, diagnostic interview to exclude psychiatric illnessess.

#### Study burden and risks

The study consists of two MRI experiments with a scantime of 75 minutes, a structured interview (PANSS, 30 minutes) and two questionares. Comparibles studies have been carried out before and were experienced as only being a slight effort for subjects.

The medication that is used is prescribed by a clinician only if this is medically relevant. In case of side effects or increase of symptoms the study will be terminated.

## **Contacts**

#### **Public**

Universitair Medisch Centrum Groningen

Antonius Deusinglaan 2 9713 AW Groningen NL

#### Scientific

Universitair Medisch Centrum Groningen

Antonius Deusinglaan 2 9713 AW Groningen

## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

People diagnozed for schizophrenia according to DSM-IV. They should not repsond to first choiche treatment or suffer from serious side effects.

Besides, healthy control without high education level.

#### **Exclusion criteria**

Subjects with a psychiatric or neurologic disease other than schizophrenia, for which they have been treated. Presence of MRI incompatible implants. For safety reasons female participants who may be pregnant will be excluded.

# Study design

## **Design**

Study type: Observational invasive

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Open (masking not used)

Control: Active

Primary purpose: Other

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 10-01-2008

Enrollment: 44

Type: Actual

### Medical products/devices used

Product type: Medicine

Brand name: Abilify

Generic name: Aripiprazole

Registration: Yes - NL intended use

Product type: Medicine

Brand name: Risperdal

Generic name: Risperidone

Registration: Yes - NL intended use

# **Ethics review**

Approved WMO

Date: 26-06-2007

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

EudraCT EUCTR2007-002748-79-NL

CCMO NL17987.042.07