# Intima media thickness in control subjects who represent the general population in the Netherlands - The SILHOUET study

Published: 15-08-2007 Last updated: 08-05-2024

To organize one pool of control subjects for IMT studies.

**Ethical review** Approved WMO

**Status** Pending

Health condition type Arteriosclerosis, stenosis, vascular insufficiency and necrosis

**Study type** Observational invasive

## **Summary**

#### ID

NL-OMON31327

#### Source

**ToetsingOnline** 

#### **Brief title**

**SILHOUET** 

#### **Condition**

Arteriosclerosis, stenosis, vascular insufficiency and necrosis

#### **Synonym**

carotid artery, Intima media thickness

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W

#### Intervention

**Keyword:** Achilles tendon thickness, control group, Intima media thinkness

#### **Outcome measures**

#### **Primary outcome**

Several parameters will be measured among which the most important ones are:

IMT, Achilles tendon (AT) thickness, lipid profile and other standard

biochemistry and haematology parameters. Subjects will also undergo a general

physical exam. Blood samples will be stored for future parameters related to

cardiovascular disease which are specific for future studies.

#### **Secondary outcome**

Not applicable.

## **Study description**

### **Background summary**

The intima media thickness (IMT) is considered a validated surrogate end point for the status of atherosclerosis as well as present and future vascular risk. It is increasingly measured in human studies as a surrogate end point for cardiovascular risk. In many trials, the mean IMT of certain patient groups is compared to that of a control group in order to assess the risk. This protocol describes a study in which one control population will be assembled to avoid overlap in work for several studies.

#### Study objective

To organize one pool of control subjects for IMT studies.

#### Study design

A cross-sectional study, and the subjects will visit the hospital only once for this study.

#### Study burden and risks

Nature and extent of the burden and risks associated with participation, benefit and group relatedness: Subjects will have to visit the hospital only once, during which IMT and AT thickness will be measured by means of ultrasonography, a simple and non-invasive imaging technique. Furthermore, one blood sample of 80 mL will be taken, and subjects will undergo a physical exam. We consider the risks negligible and the burden minimal.

## **Contacts**

#### **Public**

Academisch Medisch Centrum

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#### **Scientific**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

## **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- male and females, aged 18-75 y
  - 3 Intima media thickness in control subjects who represent the general population ... 10-05-2025

- subjects must be willing and able to give written informed consent

#### **Exclusion criteria**

- Any lipid disorder, including familial hypercholesterolemia (FH), familial defective apolipoprotein B (FDB), familial combined hypercholesterolemia (FCH) or another primary dyslipidemia;
- Subjects of whom an IMT cannot be properly measured, due to e.g. neck/throat surgery;
- BMI > 35 kg/m2;
- Subjects who drink alcohol excessively defined as more than 21 units/wk;
- Any clinical significant medical condition that could interfere with being a control participant.

## Study design

## **Design**

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

#### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-07-2007

Enrollment: 500

Type: Anticipated

## **Ethics review**

Approved WMO

Application type: First submission

Review commission: METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL18195.018.07