

Evaluation of SHARM project RIAGG Maastricht

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The study aims to gain insight in the costs, effects and process implications of the 4-5 session treatment as offered in the first line (GP practice) by the second line professionals(RIAGG) compared to direct referral to the RIAGG from a societal...

Ethical review	Approved WMO
Status	Will not start
Health condition type	Other condition
Study type	Interventional

Summary

ID

NL-OMON31342

Source

ToetsingOnline

Brief title

Evaluation SHARM

Condition

- Other condition
- Mood disorders and disturbances NEC

Synonym

indication for short term treatment, mental health problem

Health condition

Het onderzoek is diagnose onafhankelijk: kort durende behandeling bij psychische problematiek

Research involving

Human

Sponsors and support

Primary sponsor: Universiteit Maastricht

Source(s) of monetary or material Support: Ministerie van OC&W

Intervention

Keyword: mental health care service, questionnaire, Trial based economic evaluation

Outcome measures

Primary outcome

Several parameters are chosen to determine the cost-effectiveness and cost-tility of the short term care at the GP's practice.

These will be measured by means of questionnaires.

Effectiveness

- Health status
- Quality of life

Efficiency

- Health care costs

costs of sessions, transportation costs professionals, consumption in other sectors.

- Patient family costs

Transportation, costs informal care, out-of-pocket expenses

- Productivity losses

Secondary outcome

Next to results on cost-effectiveness and cost-utility, also process implications will be studied with the next parameters.

Continuity / coordination

- Referral behavior by GP
- Number of referrals
- Amount of no-shows
- Presence feedback

Access

- amount of days between GP and first contact
- amount of days between different professionals

Appropriateness

- Presence of evidence based guidelines
- Use of evidence based guidelines
- Use of criteria for referral

Organizational structure

- Work setting
- Workload

Staff

Study description

Background summary

Because of developments in the Netherlands as a strengthening of the first line mental health care, more market competition and a new finance system (DBC system) are developed. Therefore it is important to know which care is the right care, at the right moment and right place. RIAGG Maastricht offers short term care in GP practices with the assumption this care is the right care at the right time and place. However, to present the care as such, more insight is needed in the costs, effects and process implications. To gain such insight, the care as offered in the GP practice has to be evaluated. This shows the effect of a structural cooperation between second-line and first-line mental health care.

Study objective

The study aims to gain insight in the costs, effects and process implications of the 4-5 session treatment as offered in the first line (GP practice) by the second line professionals(RIAGG) compared to direct referral to the RIAGG from a societal perspective?

The general research question for the evaluation study is:
Is the 4-5 session treatment as offered in the SHARM project preferable compared to direct referral to the RIAGG in terms of costs and effects and process implications from a societal perspective? And how can decision making for the GPs be supported?

Study design

Trial based economic evaluation.

Because we are interested in the costs and consequences, a full economic evaluation is appropriate to study the research question. The perspective of this study is the societal perspective. From a societal perspective all relevant costs and effects are considered. This provides information that helps decision-makers to form a better judgment The design of this study is a randomized trial

Intervention

The intervention is the short term treatment as offered by professionals of the

RIAGG in the GP's practice. However, it is not a new intervention. The short term treatment in the GP's practice by a professional of the RIAGG is already offered for over 3 years. To evaluate this short term treatment, the short term treatment will be compared to direct referrals to the RIAGG by randomization of patients to either the RIAGG or the short term care at the GP's practice.

Study burden and risks

To measure the effects of the SHARM project we use questionnaires, which have to be filled in by patients. The questionnaires will be anonymously analysed. The questionnaires do not have an effect on the treatment or on the patient. The patients can stop with the participation without any consequences and an independent person for questions about the study will be present.

The intervention and the care at the RIAGG are both treatments, which are usually provided within the SHARM project or the RIAGG. Both treatments are already offered in daily practice and are therefore not experimental. Both forms of care might differ in time span. The care from the SHARM project is aimed to be short, while the care at the RIAGG is the usual care with its usual time span. For those patients who are assigned to the RIAGG, the access to the RIAGG will be easier as the *normal referrals*. In this way, the patients are offered an advantage to participate with the study.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

age over 18

patients who are expected to be helped with short term treatment by professional of RIAGG in GP practice

Exclusion criteria

younger as 18

for other reasons as short term treatment at professional of RIAGG in GP practice

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Health services research

Recruitment

NL	
Recruitment status:	Will not start
Start date (anticipated):	01-04-2007

Enrollment:	250
Type:	Anticipated

Medical products/devices used

Registration:	No
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Ethics review

Approved WMO	
Date:	20-04-2007
Application type:	First submission
Review commission:	METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL16372.068.07