

# Circadian rhythm of erythropoietin and melatonin in patients with various degrees of renal insufficiency, Part one

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Primary objective: Is there a similar circadian rhythm of epo and melatonin in patients with the same degrees of renal insufficiency? Primary Objective: Is there a similar circadian rhythm of epo and melatonin in patients with various degree of renal...

|                              |                                      |
|------------------------------|--------------------------------------|
| <b>Ethical review</b>        | Approved WMO                         |
| <b>Status</b>                | Recruitment stopped                  |
| <b>Health condition type</b> | Renal disorders (excl nephropathies) |
| <b>Study type</b>            | Observational invasive               |

## Summary

### ID

NL-OMON31373

### Source

ToetsingOnline

### Brief title

Circadian Rhythm of Erythropoietin and Melatonin in renal disease /CREAM 1

### Condition

- Renal disorders (excl nephropathies)

### Synonym

biological rhythm, circadian processes

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Meander Medisch Centrum

**Source(s) of monetary or material Support:** stichting bijstand van het ziekenhuis

## Intervention

**Keyword:** Biological rhythm, Erythropoietin, Melatonin, Renal disease

## Outcome measures

### Primary outcome

Analysis of the existence of a circadian rhythm in patients with a normal renal function and in patients with variable degrees of renal insufficiency

### Secondary outcome

not applicable

## Study description

### Background summary

Many biological processes in our body follow a 24 hours (= circadian rhythm), for example the sleep wake rhythm. This study focuses on the circadian rhythm and the disruption of these rhythm due to renal failure. Erythropoietin (epo) and melatonin are analyzed in serum and saliva. Dependent on the results of this study part two of the CREAM can be started, in which variable times of administration of epo could lead to more efficient use of epo (less costs and more patient friendly). This research is a novelty in its kind.

### Study objective

Primary objective: Is there a similar circadian rhythm of epo and melatonin in patients with the same degrees of renal insufficiency?

Primary Objective: Is there a similar circadian rhythm of epo and melatonin in patients with various degree of renal insufficiency compared to patients with a normal renal function?

Secondary Objective: Is there a similar circadian rhythm of cortisol and IGF in patients with the same degrees of renal insufficiency??

Secondary Objective: Is there a similar circadian rhythm of cortisol and IGF in patients with various degree of renal insufficiency compared to patients with a normal renal function?

### **Study design**

Comparative study in 4 groups with various degrees of renal insufficiency, duration for each patient 24 hrs. Total duration of study 6 months, patients admitted to the hospital (on nursing ward)

### **Study burden and risks**

Better knowledge of the circadian rhythm in renal insufficiency. This could lead to a more efficient administration of erythropoietin and melatonin in the future.

Extent of burden is 1 venapunction for placement of infusion needle, the withdrawal of 12 times 5 ml blood in 24 hrs, 12 times 1 minute chewing on cotton plug and measurement of body temperature (12 times)

## **Contacts**

### **Public**

Meander Medisch Centrum

Postbus 1502  
3800 BM Amersfoort  
Nederland

### **Scientific**

Meander Medisch Centrum

Postbus 1502  
3800 BM Amersfoort  
Nederland

## **Trial sites**

### **Listed location countries**

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- o Patient with various degrees of renal insufficiency, creatinin clearance: minimum 10 ml/min (measured with MDRD), admitted in our hospital
- o Informed Consent
- o Man/Women between 18 and 85 years
- o Understanding and knowledge of the dutch language

### Exclusion criteria

- o Instable angina pectoris, heart failure NYHA class IV
- o Therapy with erythropoetin, melatonin or/and hypnotics
- o Acute renal failure or rapidly progressive glomerulonephritis
- o Bleeding or haemolysis as a cause of anaemia
- o Deficiency of iron, folate and/or vitamin B12
- o Presence of chronic inflammatory disease or clinically significant infection
- o Haemoglobinopathies
- o Alcohol and/or drug abuse
- o Enrolment in another study
- o Any kind of disorder that compromises the ability of the subject to give written informed consent and/or to comply with study procedures

## Study design

### Design

|                     |                                 |
|---------------------|---------------------------------|
| Study type:         | Observational invasive          |
| Intervention model: | Other                           |
| Allocation:         | Non-randomized controlled trial |
| Masking:            | Open (masking not used)         |

**Primary purpose:** Diagnostic

## Recruitment

NL  
Recruitment status: Recruitment stopped  
Start date (anticipated): 01-08-2007  
Enrollment: 32  
Type: Actual

## Ethics review

Approved WMO  
Date: 11-05-2007  
Application type: First submission  
Review commission: MEC-U: Medical Research Ethics Committees United (Nieuwegein)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

| Register | ID             |
|----------|----------------|
| CCMO     | NL16632.100.07 |