

Heartcoherence training in students with fear of failure: pilotstudy

Published: 04-12-2007

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To establish the efficacy of heart coherence training with regard to anxiety / fear of failure, wellbeing, heart coherence and study results

Ethical review	Approved WMO
Status	Recruiting
Health condition type	Anxiety disorders and symptoms
Study type	Interventional

Summary

ID

NL-OMON31402

Source

ToetsingOnline

Brief title

hc-stud

Condition

- Anxiety disorders and symptoms

Synonym

anxiety, fear of failure

Research involving

Human

Sponsors and support

Primary sponsor: Lentis (Groningen)

Source(s) of monetary or material Support: eigen middelen lentis

Intervention

Keyword: fear of failure, heart coherence, students

Outcome measures

Primary outcome

- anxiety / fear of failure
- heart coherence

Secondary outcome

- wellbeing
- study results

Study description

Background summary

Students suffering from fear of failure can be treated with cognitive behavioral treatment. However, drop-out rates are high because this treatment does not seem to fit with their frame of reference and working-schema. Computerized heart coherence training may be a useful alternative.

Study objective

To establish the efficacy of heart coherence training with regard to anxiety / fear of failure, wellbeing, heart coherence and study results

Study design

five n=1 (single case) studies

Intervention

heart coherence training

Study burden and risks

none

Contacts

Public

Lentis (Groningen)

postbus 86
9700 AB Groningen
Nederland

Scientific

Lentis (Groningen)

postbus 86
9700 AB Groningen
Nederland

Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

- student
- fear of failure

Exclusion criteria

- other psychosocial / medical intervention to reduce fear of failure

Study design

Design

Study type: Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Treatment

Recruitment

NL

Recruitment status: Recruiting

Start date (anticipated): 04-04-2008

Enrollment: 5

Type: Actual

Ethics review

Approved WMO

Date: 04-12-2007

Application type: First submission

Review commission: METIGG: Medisch Ethische Toetsingscommissie Instellingen Geestelijke Gezondheidszorg (Utrecht)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register

CCMO

ID

NL18581.097.07