

# In vivo effects of the selective $\alpha 7$ nAChR agonist GTS-21 on inflammation

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Aim of this study is to investigate the effects of oral administration of GTS-21 in healthy volunteers on cytokine release in ex-vivo TLR agonists stimulated whole blood .  
Pharmacokinetic and pharmacodynamic data will be collected with respect to...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Ancillary infectious topics
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON31411

### Source

ToetsingOnline

### Brief title

Anti-inflammatory effects of GTS-21

### Condition

- Ancillary infectious topics

### Synonym

Inflammation, sepsis

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Sint Radboud

**Source(s) of monetary or material Support:** Ministerie van OC&W, CoMentis, Inc., 280 Utah Avenue, Suite 275, South San Francisco, CA 94080

## Intervention

**Keyword:** Cytokine, GTS-21, Inflammation

## Outcome measures

### Primary outcome

The concentration of TNF after in vitro whole blood stimulation with the TLR-2 agonist peptidoglycan and TLR-4 agonist lipopolysaccharide.

### Secondary outcome

Concentration of pro- and anti-inflammatory cytokines, HMGB-1

AChR and TLR expression on circulating monocytes

Leucocyte number, C-reactive protein concentration

Severity of clinical symptoms, hemodynamic parameters

Ex-vivo TLR receptor stimulation assays on whole blood to measure cytokines,

AChR and TLR expression.

Circulating endothelial cells and markers of endothelial damage (adhesion molecules).

Urine excretion of markers of proximal (GSTA1-1) and distal (GSTP1-1) renal tubular damage.

Brain specific proteins S100 $\beta$ , NSE, GFAP

Vagal activity as measured by heart rate variability analysis

## Study description

### Background summary

The innate immune response is the first line of defense against invading pathogens. This tightly regulated system consists of a wide variety of

chemokines, cytokines, cell associated receptors and other mediators orchestrating the initial response to infection. Experimental evidence in the past several years has demonstrated that activation of the efferent vagus nerve has an inhibitory effect on the innate immune response (the cholinergic anti-inflammatory pathway). Several in vitro studies have demonstrated that pretreatment of cultured human macrophages with the principal vagal neurotransmitter acetylcholine, significantly attenuates the LPS-induced release of pro-inflammatory mediators such as TNF- $\alpha$ , IL-6, IL-1 $\beta$ , IL-18 and HMGB1, while release of the anti-inflammatory cytokine IL-10 was unaffected. Moreover, vagal nerve electrical stimulation attenuates serum TNF- $\alpha$  and IL-6 levels in animals after endotoxin administration and prevents the development of shock. In contrast, vagotomized animals exhibited elevated levels of pro-inflammatory cytokines with aggravation of shock. The anti-inflammatory effect of the vagal nerve is mediated by the  $\alpha 7$  nicotinic acetylcholine receptor ( $\alpha 7$ nAChR) expressed on macrophages and other cytokine-producing cells. GTS-21 (E-3-(2,4)-dimethoxybenzylidene anabaseine) is a highly specific  $\alpha 7$ nAChR agonist, that has been developed for the treatment of Alzheimer's disease that has been studied in a few inflammation-related models. Stimulation of the  $\alpha 7$ nAChR by GTS-21 in animal models of inflammation resulted in a profound anti-inflammatory shift of the pro-/anti-inflammatory balance. So far, no data are available on the anti-inflammatory effects of GTS-21 in humans in vivo.

## **Study objective**

Aim of this study is to investigate the effects of oral administration of GTS-21 in healthy volunteers on cytokine release in ex-vivo TLR agonists stimulated whole blood .

Pharmacokinetic and pharmacodynamic data will be collected with respect to the anti-inflammatory effects of GTS-21 and its effects on the expression of TLR2, TLR4 and  $\alpha 7$ nAChR.

## **Study design**

Interventional study

## **Intervention**

Oral administration of GTS-21

## **Study burden and risks**

Oral GTS-21: Until date, 87 healthy male volunteers were enrolled in four Phase I studies that assessed the safety, tolerability, pharmacokinetics, and effects on cognitive function of oral administration of GTS-21 of which 77 subjects

received GTS-21 and 10 subjects received placebo. GTS-21 was found to be well tolerated both up to a single dose of 250 mg/day, as well as up to a dose of 150 mg three times daily (450 mg/day) in healthy male subjects. The most common adverse event was headache, which occurred in 27% of subjects in the GTS-21 group compared to 21% of subjects in the placebo group. There were no serious adverse events, or severe adverse events reported during these studies. In one patient in the GTS-21 group transient mild elevation of liver enzymes was detected, without signs of hepatic dysfunction. GTS-21 is currently being studied in a Phase II clinical trial assessing safety and cognitive improvement in patients with ADHD.

1 periferal intra-venous line: after removal lighth pressure to avoid hematoma.

Total blood withdrawal: approximately 350 ml.

## Contacts

### Public

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)  
Elderly (65 years and older)

## Inclusion criteria

healthy male volunteers (no medical history, no medication)  
age 18-35 years  
non-smokers

## Exclusion criteria

Use of any medication  
Smoking  
History, signs or symptoms of cardiovascular disease  
(Family) history of cerebrovascular disease  
Previous vagal collaps  
Hypertension (defined as RR systolic > 160 or RR diastolic > 90)  
Hypotension (defined as RR systolic < 100 or RR diastolic < 50)  
Renal impairment (defined as plasma creatinin >120 µmol/l)  
Liver enzyme abnormalities or positive hepatitis serology  
Positive HIV test

## Study design

### Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Prevention

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-01-2008
Enrollment:	10

Type: Anticipated

## Medical products/devices used

Product type: Medicine

Brand name: GTS-21

Generic name: E-3-(2,4)-dimethoxybenzylidene anabaseine

## Ethics review

Approved WMO

Date: 11-12-2007

Application type: First submission

Review commission: CMO regio Arnhem-Nijmegen (Nijmegen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
EudraCT	EUCTR2007-002596-14-NL
CCMO	NL17847.091.07