

The effect on treatment outcome of systematic feedback on client progress and therapeutic alliance in a outpatient population.

Published: 07-11-2006

Last updated: 10-05-2024

This study investigates the effects of monitoring patient progress and the development of the therapeutic alliance from patients perspective and providing information to both, patients and therapists.

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Other condition
Study type	Interventional

Summary

ID

NL-OMON31539

Source

ToetsingOnline

Brief title

Effects of systematic feedback on treatment outcome.

Condition

- Other condition

Synonym

psychosocial problems; mental health problems

Health condition

psychische stoornissen van diverse aard aangemeld in de ambulante praktijk van de 2de lijn.

Research involving

Human

Sponsors and support

Primary sponsor: GGZ Oost Brabant (Rosmalen)

Source(s) of monetary or material Support: Ministerie van OC&W

Intervention

Keyword: feedback, outpatient treatment, therapeutic alliance, treatment outcome

Outcome measures

Primary outcome

Treatment outcome measured by the OQ-45, the BSI and a schale to measure clients satisfaction about the treatment.

Treatment outcome measured by the percentage of drop-out.

Secondary outcome

Explorative research on the effect of feedback on treatment by different disciplines. Because of the limited researchpopulation we only can look for trends.

Explorative research on the correlation between clientcharacteristics and the effect of feedback.

Study description

Background summary

Patient-focused research systems have been developed to monitor and inform therapists and patients of patients' treatment progress in psychotherapy as a method of enhancing outcome.

Like feedback on the patients progress, feedback on the therapeutic alliance seems important. Because therapists are known to have a limited view on how the patient experiences the therapeutic alliance. Although the therapeutic alliance forms the base of the treatment and often causes drop-out or limited

treatment outcome.

The feedback research until now was focused on treatment by psychotherapists. Because the feedback is not about a special treatment method, it seems likely that treatments by other disciplines working in the outpatient GGZ, will improve as well by such a feedback system.

Study objective

This study investigates the effects of monitoring patient progress and the development of the therapeutic alliance from patients perspective and providing information to both, patients and therapists.

Study design

This study is a Randomized Controlled Trial (RCT) with 2 parallel conditions. In both conditions the treatment will be monitored each session. In the control group there will be no feedback given at all to therapist and client. In the feedback group the feedback is given each session. Clients will be followed for 10 sessions.

Intervention

Feedback each session about the patient progress and the development of the therapeutic alliance from patients perspective.

Study burden and risks

The burden for clients is to complete questionnaires. This will take maximum 220 minutes during the whole research.

Contacts

Public

GGZ Oost Brabant (Rosmalen)

Joannes Zwijsenlaan 123
5342BT Oss
Nederland

Scientific

GGZ Oost Brabant (Rosmalen)

Joannes Zwijsenlaan 123
5342BT Oss
Nederland

Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

Indication for outpatient treatment by all treatment specialisms in the mental health care programs Personality and Developmental Disorders and Affective Disorders and shortterm treatment of the GGZ-Oostbrabant in Oss, Rosmalen and Boxmeer.

Exclusion criteria

Not enough capable of speaking the Dutch language, analfabetism or mental retardation.
Patients indicated for treatment in the mental health program: Reality Testing Problems

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)

Primary purpose: Treatment

Recruitment

NL

Recruitment status:	Recruitment stopped
Start date (anticipated):	01-10-2007
Enrollment:	100
Type:	Actual

Ethics review

Approved WMO	
Date:	07-11-2006
Application type:	First submission
Review commission:	METIGG: Medisch Ethische Toetsingscommissie Instellingen Geestelijke Gezondheidszorg (Utrecht)
Approved WMO	
Date:	13-05-2008
Application type:	Amendment
Review commission:	METIGG: Medisch Ethische Toetsingscommissie Instellingen Geestelijke Gezondheidszorg (Utrecht)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL14736.097.06