

# A phase I/II trial testing nelfinavir, an inhibitor of Akt signaling, in combination with preoperative chemoradiotherapy in patients with locally advanced rectal cancer

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The aim is to study safety and activity of nelfinavir, added to standard chemoradiotherapy (26x1.8 Gy and capecitabine 825 mg/m<sup>2</sup> BID) in patients with locally advanced rectal cancer. Furthermore analysis of the effect of nelfinavir combined with...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Malignant and unspecified neoplasms gastrointestinal NEC
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON31565

### Source

ToetsingOnline

### Brief title

nelfinavir phase I/II rectum study

### Condition

- Malignant and unspecified neoplasms gastrointestinal NEC
- Gastrointestinal neoplasms malignant and unspecified

### Synonym

rectal cancer

### Research involving

Human

## Sponsors and support

**Primary sponsor:** MAASTRO clinic

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** chemoradiation, locally advanced rectal cancer, nelfinavir, radiosensitivity

## Outcome measures

### Primary outcome

Phase I: incidence of any grade 3 or higher non-hematological or grade 4 or higher hematological toxicity and incidence of grade 4 or higher postoperative toxicity within 30 days post-surgery

Phase II: the rate of pathological complete remission (pCR)

### Secondary outcome

- Progression free and overall survival
- Local and distant recurrence rate
- Metabolic response rate on CT-PET at time of surgery
- Phosphorylation of Akt in the tumor at different time points
- Tumor perfusion assessed by dynamic CT-scan

## Study description

### Background summary

The incidence of colorectal cancer is high in The Netherlands. The treatment of rectal cancer has changed importantly over the last decades. At the moment preoperative radiotherapy is a cornerstone in rectal cancer treatment. In patients with locally advanced tumors, combined treatment using capecitabine and radiotherapy in 6 weeks, followed by surgical resection 6-8 weeks after completion of chemoradiation. This combined modality treatment can cause tumorregression, resulting in downsizing and downstaging. In 10-15% of cases

this treatment results in a pathological complete response (pCR). There is a correlation between the degree of response and the chance to develop a local recurrence. Therefore, it is important to develop new combined treatments resulting in higher percentages of pCR, without an important increase of toxicity. Preclinical work shows that nelfinavir, a protease inhibitor used in the treatment of HIV, increases the radiosensitivity of tumor cells without sensitization of normal tissues to radiation. For that reason, no extra toxicity is expected by adding nelfinavir to the combined chemoradiation treatment.

## **Study objective**

The aim is to study safety and activity of nelfinavir, added to standard chemoradiotherapy (26x1.8 Gy and capecitabine 825 mg/m<sup>2</sup> BID) in patients with locally advanced rectal cancer. Furthermore analysis of the effect of nelfinavir combined with chemoradiation on tumor tissue will be studied.

## **Study design**

This is an open label, single-center phase I/II trial. During phase I the toxicity of 2 dose levels will be studied (750 mg BID and 1250 mg BID). During phase II the activity of nelfinavir in combination with capecitabine and radiotherapy will be studied, using the MTD from phase I. With respect to translational research, phosphorylation of Akt in monocytes and tumor cells will be measured at different timepoints during treatment. Furthermore, dynamic CT-PET scans will be obtained at different time points to get an impression of changes in SUV and perfusion during treatment and to correlate these changes with pathological response.

## **Intervention**

Phase I:

- take nelfinavir tablets (minimum 6, maximum 10) starting 7 days before start of chemoradiotherapy, for 35 days
- day 7 and week 2-4-6 bloodsamples

Phase II:

- take XXXX ( to define ) nelfinavir tablets starting 7 days before start of chemoradiotherapy, for 35 days
- day 7 and week 2-4-6 bloodsamples
- day 7 biopsy
- day 7-14-21 and week 13 PET-CT

## **Study burden and risks**

No major toxicity is expected from the addition of nelfinavir to the standard

chemoradiotherapy. The most common side effect of nelfinavir is diarrhoea. Extra scans, blood samples and biopsy demands extra time. For the extra scans, the injection of 18FDG and IV contrast is necessary. To take an extra biopsy, an extra sigmoidoscopy must be performed.

## Contacts

### Public

MAASTRO clinic

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### Scientific

MAASTRO clinic

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Histologically proven adenocarcinoma of the rectum (tumor <15cm from anal verge)
- Age  $\geq$  18 years
- UICC T3-4 N0-2 M0
- WHO performance status 0-2
- Less than 10 % weight loss the last 6 months
- No recent (< 3 months) severe cardiac disease (arrhythmia, congestive heart failure,

infarction)

- Serum bilirubin \* 3x normal
- ASAT and ALAT \* 2,5x normal
- Creatinin clearance >50 ml/min
- Willing and able to comply with the study prescriptions
- No history of prior pelvic radiotherapy
- No known HIV infection
- No hemophilia
- No concurrent medication that is metabolized by the CYP3A4 isoenzyme (calcium channel blockers, antifungal agents, macrolide antibiotics, gastrointestinal prokinetics, terfenadin, midazolam)
- Statins should be stopped (except pravastatin and fluvastatin),
- No concurrent use of St. John's Wort (*Hypericum perforatum*)
- Women should not be pregnant or lactating
- Being willing and able to undergo one extra biopsy
- Have given written informed consent before patient registration

## Exclusion criteria

the opposite of the above

## Study design

### Design

Study phase:	2
Study type:	Interventional
Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	29-09-2008
Enrollment:	61
Type:	Actual

## Medical products/devices used

Product type:	Medicine
Brand name:	Viracept
Generic name:	nelfinavir
Registration:	Yes - NL outside intended use
Product type:	Medicine
Brand name:	Xeloda 825 mg/m2 BID
Generic name:	Capecitabine 825 mg/m2 BID
Registration:	Yes - NL outside intended use

## Ethics review

Approved WMO	
Date:	26-07-2007
Application type:	First submission
Review commission:	METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)
Approved WMO	
Date:	20-08-2008
Application type:	Amendment
Review commission:	METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)
Approved WMO	
Date:	12-09-2008
Application type:	First submission
Review commission:	METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)
Approved WMO	
Date:	16-01-2009
Application type:	Amendment
Review commission:	METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

## Study registrations

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
EudraCT	EUCTR2007000728-41-NL
CCMO	NL16750.068.07