

# Synoviomics II: Advanced genomics initiative in different phases of arthritis

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- To investigate different pathogenetic mechanisms underlying the clinical syndrome termed RA  
- To investigate changes in the synovial tissue in relationship to the duration of disease-  
To identify new therapeutic targets in the synovial tissue in...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Autoimmune disorders
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON31664

### Source

ToetsingOnline

### Brief title

Synoviomics II

### Condition

- Autoimmune disorders
- Joint disorders

### Synonym

inflammatory joint diseases

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** genomics, inflammatory joint disease, synovial tissue

## Outcome measures

### Primary outcome

none, observational study

### Secondary outcome

not applicable

## Study description

### Background summary

Heterogeneity

Although RA is thought of as an autoimmune disease, its etiology is unknown. Different stimuli, including exogenous infectious agents and endogenous connective tissue proteins like cartilage components have been suggested as possible primary causes that activate the immune response. There is growing evidence that patients with RA, as defined by the American College of Rheumatology Classification Criteria, represent a highly heterogeneous group. This heterogeneity of RA is indicated by notable variability in clinical presentation, the existence of erosive versus non-erosive disease, and the presence of distinct autoantibody specificities, such as rheumatoid factor and anticyclic citrullinated peptide antibodies in the serum.

Window of opportunity

Disease heterogeneity is also apparent in histological features of the synovium and in a marked variation in gene expression profiles, allowing identification of molecularly distinct forms of RA synovium. Consistent with this finding is the wide variation in responsiveness to treatment in RA. The relative contribution of these probable different disease mechanisms in RA may vary between patients and in different stages of the disease. This has been posted as the reason for the existence of a so-called therapeutic \*window of opportunity phase\* of the disease, which means that applying the right therapeutic intervention during the right phase of the disease will lead to a better control of the disease activity and consequently to less radiographic damage. The pathogenetic mechanisms underlying these differences found in patient characteristics and reactions to treatment are subject of extensive research.

One hypothesis is that the features of the inflamed synovial tissue change over

time. Transformation of resident fibroblasts into invasive cells, intruding into the cartilage and bone, could be one of the explanations that patients with longer disease duration are more likely to fail on therapy. Other factors include the release of crystals from degraded bone and cartilage with secondary pro-inflammatory effects. It is likely that these phenomena are not limited to RA and they may occur in other chronic arthritides as well

Disease activity and new therapeutic targets

As a consequence of the above mentioned hypothesis, different stages of the disease could require different therapeutic regimens. Identification of new therapeutic targets in relationship to the phase of the disease and disease activity might lead to novel strategies to improve treatment of RA.

Pathogenesis of inflammatory joint diseases other than RA

Furthermore, the pathogenesis of other inflammatory joint diseases, such as different forms of seronegative spondyloarthritis like psoraitic arthirits, ankylosing spondylitis and reactive arthritis, as well as crystal deposition disease, and inflammatory osteoarthritis, has not been elucidated. Since the synovial tissue is the target tissue of all inflammatory joint diseases, studying the specific features of this tissue in different stages of the disease process, using different innovative techniques, will contribute to an understanding of the processes underlying these diseases. This could lead to the identification of novel therapeutic targets for these diseases. Comparison with RA synovial tissue will allow identification of variables associated with persistence and destruction.

## **Study objective**

- To investigate different pathogenetic mechanisms underlying the clinical syndrome termed RA
- To investigate changes in the synovial tissue in relationship to the duration of disease
- To identify new therapeutic targets in the synovial tissue in different stages of the disease
- To study the different pathogenetic pathways in the synovial tissue leading to the various inflammatory joint diseases
- To investigate new diagnostic markers in synovial tissue using molecular signatures of different inflammatory joint diseases

## **Study design**

Inclusion criteria:

Patients with inflammatory joint disease and active inflammation of at least a knee or ankle joint

Clinical evaluation and demographics:

Recording of:

- Demographic data - date of birth, sex, and race.

- Disease duration.
- Disease activity parameters (Visual analog scale of disease activity and pain, 68 joint score, ESR, CRP)
- Present use of NSAIDs, corticosteroids, DMARDs, biologicals or other experimental drugs.

Joint destruction will be evaluated by conventional X-ray of the joint.

Collection of material:

During mini-arthroscopy synovial tissue will be collected through a biopsy technique.

Synovial biopsies will be collected and processed using a standard protocol for formalin fixation, to allow standard histological evaluation, and samples will be frozen en bloc for immunohistochemistry, PCR, micro-array and protein expression analysis. Samples will be collected for fibroblast like synoviocyte cell culture using a standard protocol.

Bloodsampling: blood (14 ml) will be collected to classify the patients.

Rheumatoid factor, anti-CCP antibodies, CRP, and ESR will be determined. If informed consent is given for genetic studies, an extra blood sample of 7 ml will be drawn from the patient.

## **Study burden and risks**

A mini-(or needle) arthroscopy performed under local anaesthesia at the outpatient clinic. Afterwards the patients are capable of walking. 24 hours of relative rest will be advised.

There is a small change of a joint inflammation (less than 3 percent).

## **Contacts**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

active inflammation of at least one joint

### Exclusion criteria

When in the opinion of the responsible investigator it is not in the interest of the patient to be enrolled (eg for safety reasons or severe co-morbidity).

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-10-2007

Enrollment: 1500

Type:

Anticipated

## Ethics review

Approved WMO

Application type:

First submission

Review commission:

METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register**

CCMO

**ID**

NL19576.018.07