

# Doxycycline and airway inflammation in COPD

## A randomised placebo controlled cross-over trial in patients with GOLD III COPD

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To assess the effect of low dose doxycycline on markers of neutrophilic inflammation and proteolytic activity stable GOLD III COPD patients.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Bronchial disorders (excl neoplasms)
<b>Study type</b>	Interventional

### Summary

#### ID

NL-OMON31738

#### Source

ToetsingOnline

#### Brief title

Doxycycline and airway inflammation in COPD

#### Condition

- Bronchial disorders (excl neoplasms)

#### Synonym

COPD, lung emphysema

#### Research involving

Human

#### Sponsors and support

**Primary sponsor:** Medisch Centrum Alkmaar

**Source(s) of monetary or material Support:** Nog niet duidelijk.

## Intervention

**Keyword:** COPD, doxycycline, inflammation, MMP

## Outcome measures

### Primary outcome

Change in sputum IL-6 levels

### Secondary outcome

Change in FEV1

Change in markers of neutrophil activation/activity (IL-8, MMP-8, MMP-9 and MPO), T cell activation (granzyme A and perforin) and monocyte activation (TNF- $\alpha$ , IL-1, cathepsin K

## Study description

### Background summary

COPD is a disease characterized by chronic inflammation and irreversible airway obstruction. Chronic inflammation lead to degradation of extracellular matrix and hereby destruction of lung parenchyma. Tetracyclines are known for their anti-inflammatory properties in diseases such as rheumatoid arthritis.

### Study objective

To assess the effect of low dose doxycycline on markers of neutrophilic inflammation and proteolytic activity stable GOLD III COPD patients.

### Study design

Placebo versus doxycycline in a cross-over design

### Intervention

Doxycycline vs placebo

### Study burden and risks

None, except voor mild side-effects from doxycycline, which will be negligible since the drug is administered in a subtherapeutical dose.

## Contacts

### Public

Medisch Centrum Alkmaar

Wilhelminalaan 12

1815JD

NL

### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- GOLD II COPD ( $FEV1/FVC < 70\%$ ;  $50\% < FEV1 < 80\%$  predicted).
- Stable disease (no exacerbations in the last 3 months).
- Age  $>40$  yrs.
- Written informed consent.

## Exclusion criteria

- Infections and/or use of antibiotics in the last month.
- Allergy for tetracyclines or a history of substantial side-effects.
- Active respiratory diseases other than COPD (e.g. sarcoidosis, tuberculosis, lung cancer, bronchiectasis).
- Signs and/or symptoms consistent with an acute exacerbation of COPD (AECOPD), such as increase in dyspnea, increase in sputum volume or change of sputum color from mucoid to purulent.
- Signs and/or symptoms of a current respiratory or non-respiratory infection.
- Use of oral or intravenous corticosteroids or other immunosuppressive drugs within the last month.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Placebo
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-06-2008
Enrollment:	40
Type:	Anticipated

### Medical products/devices used

Product type:	Medicine
Brand name:	doxycycline
Generic name:	doxycycline
Registration:	Yes - NL outside intended use

## Ethics review

Approved WMO

Date: 15-04-2008

Application type: First submission

Review commission: METC Noord-Holland (Alkmaar)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
EudraCT	EUCTR2007-004262-41-NL
CCMO	NL19032.094.08