# Microvascular function and psychological factors in heart failure patients treated with cardiac resynchronisation therapy (CRT)

Published: 20-05-2008 Last updated: 10-05-2024

The aim of the proposed study is to examine whether CRT has a positive effect on microvascular function and health outcomes, and whether psychological factors may moderate the effect of CRT on health outcomes.

**Ethical review** Approved WMO

**Status** Pending **Health condition type** Heart failures

**Study type** Observational non invasive

# **Summary**

#### ID

NL-OMON31791

#### **Source**

ToetsingOnline

#### **Brief title**

Microvascular function, psychological factors and CRT

## **Condition**

Heart failures

#### Synonym

cardiac failure, congestive heart failure

#### Research involving

Human

# **Sponsors and support**

Primary sponsor: TweeSteden ziekenhuis

1 - Microvascular function and psychological factors in heart failure patients treat ... 10-05-2025

**Source(s) of monetary or material Support:** Medtronic Trading NL BV, wetenschapsfonds ziekenhuis; grants bedrijfleven; bijdrage van de Universiteit van Tilburg

#### Intervention

**Keyword:** cardiac resycnhronization, heart failure, microcirculation, psychological distress

### **Outcome measures**

## **Primary outcome**

Primary: Microvascular function as measured by blood flow response to endothelium-dependent and endothelium-independent vasoactieve stimuli (acetylcholine, nitroprusside, local heating); health status; cardiac symptoms; health care consumption.

## **Secondary outcome**

Secondary: Mortality; morbidity (defined as hospitalisation for cardiac reasons).

The primary endpoint, health care consumption, and the secondary endpoints, mortality and morbidity, will be assessed at T4 (i.e. 14 months post-CRT), with the information being obtained through the patients\* medical records.

# **Study description**

## **Background summary**

In chronic heart failure (CHF), the heart is no longer capable of pumping sufficient blood to fulfil the nutritional and oxygen needs of organs and tissues. Also, microvascular function is compromised. A subgroup of CHF patients can be treated with cardiac synchronization therapy (CRT), eventually CRT combined with an Implantable Cardioverter Defibrillator (ICD). However, the effects of CRT on microvascular function are not known. Furthermore, not all patients experience improvements following CRT, and it is important to gain knowledge about clinical and psychological parameters that predict poor health

outcomes in post-CRT patients.

## **Study objective**

The aim of the proposed study is to examine whether CRT has a positive effect on microvascular function and health outcomes, and whether psychological factors may moderate the effect of CRT on health outcomes.

## Study design

This is a single-centre observational prospective study.

## Study burden and risks

The tests are non-invasive, and painless. Extra visits to the hospital will be reduced to a minimum, because appointments for the proposed study will be scheduled together with standard pacemaker check-ups. For determination of microvascular functioning, vasoactive drugs will be administered transdermally in very low dosages which yield no systemic side-effects. Therefore, there is minimal risk and minimal burden to patients associated with this study.

## **Contacts**

#### **Public**

TweeSteden ziekenhuis

Postbus 90107 5000 LA Tilburg NL

#### Scientific

TweeSteden ziekenhuis

Postbus 90107 5000 LA Tilburg NL

# **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

diagnosis ofchronic heart failure with a left ventricular ejection fraction of 40% or less being on optimal medical therapy

NYHA functional class III/IV

QRS duration of >=120msec

In addition, at least one of the following echocardiographic criteria has to be fulfilled: an aortic pre-ejection delay>140msec, an interventricular mechanical delay>40 msec, or delayed activation of the posterolateral left ventricular wall

## **Exclusion criteria**

Inability to read, write or understand Dutch, a history of psychiatric illness other than mood disorders (depression/anxiety), significant cognitive impairments (e.g. dementia) or lifetreating co morbidities (e.g. cancer).

# Study design

# **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

## Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-02-2008

Enrollment: 55

Type: Anticipated

# **Ethics review**

Approved WMO

Application type: First submission

Review commission: METC Brabant (Tilburg)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL19332.028.07