

# Do the effects of prenatal famine exposure pass down generations? An epigenetic study.

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Coronary artery disorders
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON31890

### Source

ToetsingOnline

### Brief title

Transgenerational effects of the Dutch Famine. An epigenetic study.

### Condition

- Coronary artery disorders
- Glucose metabolism disorders (incl diabetes mellitus)
- Personality disorders and disturbances in behaviour

### Synonym

cardiovascular disease

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Nederlandse Hartstichting

## Intervention

**Keyword:** cardiovascular disease, genes, nutrition, pregnancy

## Outcome measures

### Primary outcome

Primary outcome: % methylation of the CpG regions of 4 candidate genes.

### Secondary outcome

Secondary outcome: health of F2.

## Study description

### Background summary

Background: Poor nutrition during fetal development can permanently alter growth, cardiovascular physiology and metabolic function. These alterations are detrimental for cardiovascular health in later life. Animal studies consistently find that prenatal undernutrition leads to hypertension, dyslipidaemia and disturbed glucose tolerance as well as reduced lifespan. Supported by 2 previous NHS grants, we have provided the first evidence in humans that maternal undernutrition during gestation leads to a striking 2-fold increase in cardiovascular disease in the offspring, in the Dutch famine birth cohort.

Animal studies have recently started to unravel the underlying molecular mechanisms. Poor intrauterine nutrition leads to persistent alterations to the epigenetic regulation of specific genes, which give rise to altered expression of a range of genes which may raise cardiovascular risk. Epigenetic alterations have recently been identified to feature in cardiovascular disease, and are thus likely to underlie many of the permanent effects of maternal undernutrition on the offspring's health. Moreover, animal studies have demonstrated that epigenetic alterations can be transmitted to subsequent generations even when female offspring of the F1 generation were not exposed to nutritional constraint during pregnancy and, importantly, that these alterations are linked to a phenotype with increased cardiovascular risk. The Dutch famine birth cohort presents a unique opportunity to resolve the question of whether differences in the epigenetic regulation of genes are induced by variations in maternal diet during pregnancy and whether these epigenetic marks are associated with differential risk of cardiovascular

disease in future generations. Preliminary evidence from our study suggests that the increase in cardiovascular disease may be conveyed to the offspring of men and women who were exposed to famine in utero.

## **Study objective**

Objective: We aim to assess whether [1] epigenetic alterations are responsible for the detrimental effects of maternal undernutrition during gestation on the offspring's (F1) cardiovascular health, and [2] these epigenetic alterations pass down generations through epigenetic inheritance and are associated with excess cardiovascular risk (F2).

## **Study design**

Design and study population: To address aim 1, we will study the methylation status of specific candidate genes in 793 members of the Dutch famine birth cohort (F1). We will assess whether famine exposure in utero can induce alterations in gene methylation status. Aim 2 will be addressed by carrying out a study among 3 generations: women (F0) who were pregnant around the time of the Dutch famine 1944-45 who delivered in the Wilhelmina Gasthuis Amsterdam, their children (F1) and their grandchildren (F2). We will assess DNA methylation as well as gene expression of the candidate genes in 80 grandmother-parent-child sets. Additionally, we will investigate the cardiovascular risk profile in the F2 in order to study the intergenerational effects of famine exposure on a functional level.

This study will test the hypothesis that epigenetic alterations, induced by maternal undernutrition during gestation, are associated with a rise in cardiovascular disease risk.

## **Study burden and risks**

The burden for the participants consists of a buccal swab and completing a questionnaire (estimated time 1 hour). Both procedures are safe and pain free.

## **Contacts**

### **Public**

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### **Scientific**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Men and women born at the time of the Dutch Famine 1944-1945 in the Wilhelmina Gasthuis in Amsterdam, their mothers(F0) and children(F2).

### Exclusion criteria

NVT

## Study design

### Design

Study type:	Observational non invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Basic science

## Recruitment

NL  
Recruitment status: Pending  
Start date (anticipated): 01-08-2008  
Enrollment: 2580  
Type: Anticipated

## Ethics review

Approved WMO  
Application type: First submission  
Review commission: METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
CCMO	NL21803.018.08