# Endoscopic Tri-Modal Imaging and Confocal Endomicroscopy for the detection of neoplasia in longstanding ulcerative colitis: a feasibility study.

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Ethical review Approved WMO

**Status** Pending

Health condition type Malignant and unspecified neoplasms gastrointestinal NEC

**Study type** Observational invasive

## **Summary**

#### ID

**NL-OMON31990** 

#### **Source**

ToetsingOnline

#### **Brief title**

ETMI plus Confocal Endomicroscopy for surveillance of ulcerative colitis.

### **Condition**

Malignant and unspecified neoplasms gastrointestinal NEC

#### Synonym

inflammatory bowel disease, ulcerative colitis

#### Research involving

Human

## **Sponsors and support**

**Primary sponsor:** Academisch Medisch Centrum

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**Source(s) of monetary or material Support:** Ministerie van OC&W,Olympus Medical Systems Europe;Hamburg;Germany,Olympus Medical Systems, Hamburg

## Intervention

**Keyword:** autofluorescence imaging, confocal endomicroscopy, narrow band imaging, ulcerative colitis

#### **Outcome measures**

## **Primary outcome**

The primary outcomes of this study will be: 1) the neoplasia miss-rate of AFI (per lesion analysis) and 2) the feasibility of confocal endomicroscopy, expressed as diagnostic accuracy when compared to final histopathology.

## **Secondary outcome**

Secondary outcomes: 1) the accuracy of AFI plus NBI for the endoscopic diagnosis of lesions compared to confocal endomicroscopy, and 2) the yield for neoplasia of real random biopsies compared to optical biopsies by confocal endomicroscopy.

# **Study description**

## **Background summary**

Patients with longstanding ulcerative colitis (UC) are at increased risk of developing colorectal cancer and therefore undergo regular colonoscopic surveillance. Random biopsies are taken during surveillance, since neoplasia mainly exists in flat mucosa and is grossly invisible at conventional colonoscopy. Random biopsies increase workload and costs for both endoscopists and pathologists. Novel endoscopic imaging techniques like high resolution endoscopy (HRE), autofluorescence imaging (AFI), narrow band imaging (NBI) and confocal endomicroscopy facilitate the detection of neoplasia and improve the discrimination of neoplastic from non-neoplastic mucosa. Hence, the use of these new techniques might eliminate the need for taking random biopsies and might reduce false positive biopsies as well.

## Study objective

The aims of this study are: 1) to evaluate the neoplasia miss-rate of AFI in patients with longstanding UC during colonoscopic surveillance; 2) to evaluate the feasibility of miniprobe-based confocal endomicroscopy in these patients; 3) to compare the accuracies of the combined use of AFI plus NBI with confocal endomicroscopy for the endoscopic prediction of histopathology of detected lesions; 4) to compare the yield of random biopsies with the yield of confocal endomicroscopic optical biopsies.

## Study design

Patients with longstanding UC will undergo colonoscopic surveillance by AFI. All detected lesions will be inspected by NBI and confocal endomicroscopy for prediction of histopathology. Biopsies from detected lesions will be used as the gold standard diagnosis. After examination by AFI, random biopsies (with HRE) will be taken according to current clinical guidelines. Before taking these random biopsies, confocal endomicroscopy will be performed from the corresponding sampling sites.

## Study burden and risks

The endoscopic procedure is comparable to the standard procedure for regular patient care with the exception of performing additional confocal endomicroscopy. The use of AFI and confocal endomicroscopy do not increase the risk of complications. The accepted risk of a diagnostic colonoscopy is minimal  $(\sim0\%)$ .

## **Contacts**

#### **Public**

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

### Inclusion criteria

disease history > 8 years; endoscopic and histopathological evidence of UC; and current inactive disease assessed by the modified Truelove and Witts severity index (of < 2)

## **Exclusion criteria**

allergy to fluorescein; non-correctable coagulopathy; age \* 18 years; and inability to give informed consent

# Study design

## **Design**

Study type: Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled
Primary purpose: Diagnostic

## Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 23-10-2007

Enrollment: 20

Type: Anticipated

## **Ethics review**

Approved WMO

Application type: First submission

Review commission: METC Amsterdam UMC

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL19805.018.07