# Development of instruments for the monitoring of Patient progress in the mental health care and the direct feedback to social worker and/or client.

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Further development and validation of two tools to measure patient progress in the psychiatric health care; the behavioral health status (BHS) questionnaire and the Heart Rate Variability (HRV) measures.

Ethical review Approved WMO

**Status** Pending

Health condition type Psychiatric and behavioural symptoms NEC

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON32006

#### **Source**

ToetsingOnline

#### **Brief title**

Monitoring instruments in Patient Progress in mental health care

#### **Condition**

Psychiatric and behavioural symptoms NEC

#### Synonym

psychiatric complaints

#### **Research involving**

Human

## **Sponsors and support**

Primary sponsor: Louis Bolk Instituut

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Source(s) of monetary or material Support: Nutsohra

#### Intervention

**Keyword:** effect evaluation, Heart Rate Variability, monitoring

#### **Outcome measures**

#### **Primary outcome**

An, to the Dutch situation, adapted BHS questionnaire, with data on its repeatability, internal consistency for the specific domains and responsiveness to the HRV measurement, resulting in a set of reliable tools to monitor patient progress.

#### **Secondary outcome**

not applicable

## **Study description**

#### **Background summary**

Within the psychiatric health care treatment of patients can be very specific for the individual client. To measure effectiveness of treatment, specific measurement tools are needed. The Behavioral Health Status (BHS) questionnaire and the Heart Rate Variability (HRV) measurements might be good monitoringsystems to evaluate patients progress. Before these methods can be used, the validity of the methods need to be assessed.

#### Study objective

Further development and validation of two tools to measure patient progress in the psychiatric health care; the behavioral health status (BHS) questionnaire and the Heart Rate Variability (HRV) measures.

#### Study design

Clients starting outpatient treatment because of psychiatric complaints will be asked to participate. At three times (start of the treatment, after 3 and 6 months) measurements will be performed. Next to the new methods BHS and HRV

measurement, a set of validated questionnaires will be filled in. Repeatability, internal consistency for the specific domains of the questionnaire and responsiveness of the HRV will be tested.

#### Study burden and risks

No risks of any kind is expected from this study. This study does not influence the treatment the participants will receive, and no risks are to be expected from filling out questionnaires and participating in a non-invasive HRV measurement.

## **Contacts**

#### **Public**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

Presence of psychiatric complaints
Start of policlinical treatment in a mental health care unit
Motivated to start a treatment

#### **Exclusion criteria**

Not capable of speaking/reading the Dutch language

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-10-2008

Enrollment: 130

Type: Anticipated

## Medical products/devices used

Registration: No

## **Ethics review**

Approved WMO

Application type: First submission

Review commission: METIGG: Medisch Ethische Toetsingscommissie Instellingen

Geestelijke Gezondheidszorg (Utrecht)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register ID

CCMO NL22746.097.08