

# COMpliance Objectively measured in a Multicultural Population of children Living In Amsterdam Needing inhaled Corticosteroids for Effective asthmatreatment. (COMPLIANCE)

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Primary aim is to study electronically measured compliance to inhaled corticosteroids (ICS) in a multicultural population of children with asthma in Amsterdam. A secondary aim will be to compare electronical data on compliance with parent reports.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Upper respiratory tract disorders (excl infections)
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON32079

### Source

ToetsingOnline

### Brief title

COMPLIANCE

### Condition

- Upper respiratory tract disorders (excl infections)
- Lifestyle issues

### Synonym

asthma, bronchopulmonary hyperreactivity

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Sint Lucas Andreas Ziekenhuis

**Source(s) of monetary or material Support:** AGIS (zorgverzekeraar)

## Intervention

**Keyword:** children, compliance, ethnicity, inhaled corticosteroids

## Outcome measures

### Primary outcome

Electronically measured compliance is the primary outcome measure; the influence of the determinants on compliance will be analysed.

### Secondary outcome

As a secondary outcome measure the accuracy of the information on compliance from the questionnaire will be compared to the RTMEMS.

## Study description

### Background summary

Non-compliance is a major issue in asthma treatment. Ethnic minorities have an increased risk of poor asthma control. The majority of children with asthma in Amsterdam have a non-Dutch background. However, data on compliance in this group are controversial.

### Study objective

Primary aim is to study electronically measured compliance to inhaled corticosteroids (ICS) in a multicultural population of children with asthma in Amsterdam. A secondary aim will be to compare electronic data on compliance with parent reports.

### Study design

The study is designed as a cross sectional study in which the compliance of ICS is measured in a cohort of 75 Turkish, 75 Moroccan and 75 Dutch children with asthma during 3 months. Objective measurements of compliance will be performed

using a pressurized Metered-Dose Inhaler (pMDI) connected to a Real Time Remote Medication Event Monitoring System (RTMEMS). Questionnaires will be used to investigate self reported compliance. Determinants to be registered include age, gender, ethnicity, language skills, parental level of education, family income, hospitalisation rates, frequency of visits to the pediatric ambulatory clinic, medication beliefs of parents, housing and smoking habits of parents.

### **Study burden and risks**

In this study patients are asked to participate in 2 interviews and to use a pressurized Metered-Dose inhalator connected to RMEMS, that is supplied by the investigators and which contains their usual inhaled corticosteroid for 3 months. There isn't any therapeutic intervention in this observational study. Apart from an initial telephone call, patients visit the hospital twice in a three month period. The interviews mentioned above, take place during these visits. For the majority of the participating patients this approximates their regular frequency of visiting the pediatric outpatient clinic.

## **Contacts**

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## **Trial sites**

### **Listed location countries**

Netherlands

## Eligibility criteria

### Age

Children (2-11 years)

### Inclusion criteria

- Patient attending the pediatric outpatient department of the St. Lucas Andreas hospital or the Academic Medical Centre.
- Patient has been treated with fluticason for at least 3 months using a pressurized metered-dose inhaler.
- Maximum age: 11 years old.
- Dutch, Moroccan, Turkish ethnicity.

### Exclusion criteria

- Patient refuses to participate in the study.
- Patient is not capable of using the equipment for electronic measurement of compliance correctly#.;#These patient are requested to participate in the interview. In addition, patient characteristics are collected to investigate whether these patients differ from the ones that are capable of using the RTMEMS-equipment.

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-01-2009

Enrollment: 225

Type: Actual

## Ethics review

Approved WMO

Date: 06-10-2008

Application type: First submission

Review commission: METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
Other	3567 (Nederlands Trial Register)
CCMO	NL22626.029.08