

To advice parents in youth mental health care

The development of standarised counselling

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This study aims at a evidence based, legally aproved, standarised professional procedure, which is useable in daily practice to give counselling in youth mental health care about assessment and therapy and to stimulate shared decision making.

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Other condition
Study type	Interventional

Summary

ID

NL-OMON32120

Source

ToetsingOnline

Brief title

Standarised youth mental health counselling

Condition

- Other condition

Synonym

child psychiatric disorders

Health condition

psychiatrische stoornissen van de kinderleeftijd

Research involving

Human

Sponsors and support

Primary sponsor: Orbis Divisie Prins Claus Centrum

Source(s) of monetary or material Support: betrokken instellingen en gift fonds Sophia Kinderziekenhuis afdeling K&J psychiatrie

Intervention

Keyword: Counselling, health, mental, youth

Outcome measures

Primary outcome

The decisional conflict of both groups are compared and within both group the difference is measured before and after counselling.

Secondary outcome

The difference in decisional conflict between different patientgroups.

The influence of visualisation of information upon understanding and participation.

Study description

Background summary

There are several protocols for assessment and therapy in youth mental health care, but not for counselling. A standardised procedure for counselling can support caregivers to use methods that are beneficial for a positive outcome.

Study objective

This study aims at a evidence based, legally aproved, standardised professional procedure, which is useable in daily practice to give counselling in youth mental health care about assessment and therapy and to stimulate shared decision making.

Study design

A randomised controlled trial is done comparing the standardised way of counselling versus care as usual in two centers of youth mental health care. 80 cases will be included. The counselling of parents of children (under 12 year of age) who are regularly assessed in this centers will be examined. The so called decisional conflict (a construct of The Ottawa Decision Support Framework* (ODSF)) is measured of both the parents and the caregivers. This ODSF is a conceptual framework for studying interventions aimed at shared decision making. The scales used are being validated for the Dutch situation as well.

Intervention

The intervention concerns a standardised way of counselling in youth mental care health. This procedure is based upon a study of research, a survey amongst Dutch centers of youth mental care and the outcome of an expert-panel (Delphi-study).

Study burden and risks

Burden is limited to completing the scales.
No risks are expected.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

all parents whose child (under 12 year) is admitted for assessment and get counselling during the research period

Exclusion criteria

urgency or crisis care are excluded

Study design

Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)

Primary purpose: Health services research

Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	14-05-2008
Enrollment:	80
Type:	Actual

Ethics review

Approved WMO

Date:	12-03-2008
Application type:	First submission
Review commission:	METC Z: Zuyderland-Zuyd (Heerlen)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL21931.096.08