

# Which factors before and during pregnancy can predict the severity of labourpain? A observational prospective cohort study in women and their partners to the pain threshold before and during pregnancy, constitution, inflammatory status and the relationship with and the character of the partner.

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The primary objective is to examine whether the pain threshold during pregnancy is associated with the intensity of the pain and whether there is difference between before and during pregnancy. In addition, we examine associations between (pro)...

<b>Ethical review</b>	Not approved
<b>Status</b>	Will not start
<b>Health condition type</b>	Other condition
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON32180

### Source

ToetsingOnline

### Brief title

Labour pain: is the severity of pain predictable?

### Condition

- Other condition
- Pregnancy, labour, delivery and postpartum conditions

**Synonym**

labour pain

**Health condition**

zwangerschapswens

**Research involving**

Human

**Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Utrecht

**Source(s) of monetary or material Support:** Ministerie van OC&W

**Intervention**

**Keyword:** inflammatory status, labour pain, pain threshold

**Outcome measures****Primary outcome**

The proposed study will provide data of the pain threshold before and during pregnancy and the intensity of pain during labour.

**Secondary outcome**

Secondary parameters are (pro) inflammatory status, constitution of the woman, her relationship and the character of the partner.

**Study description****Background summary**

Pain experienced by women during childbirth is the most intense acute pain. During labour 60 - 80% of the women experiences severe to unbearable pain. Some factors have their positive (self-efficacy, pregnancy course) or negative influence (anxiety, stress and low back pain during menstruation) to the pain intensity. Knowledge about other factors before or during pregnancy that can predict the severity of labour pain are hardly available due to the high global use (> 60%) of epidural analgesia during labour. In the Netherlands, the use of

epidural analgesia is relatively low ( $\pm 10\%$ ). This study can obtain insights about the pain threshold, pro inflammatory status, constitution of the woman, her relationship and the character of her partner and their impact on the intensity of pain during labour.

### **Study objective**

The primary objective is to examine whether the pain threshold during pregnancy is associated with the intensity of the pain and whether there is a difference between before and during pregnancy. In addition, we examine associations between (pro) inflammatory status, the constitution of the woman, the relationship with her partner and the character of her partner.

### **Study design**

The proposed study is an observational prospective cohort study.

### **Study burden and risks**

The burden of the participants consists of measuring the pain threshold (2 x half hours) or the venapuncture (2 x 5 min, 30 ml total) during a home visit and filling out the questionnaires (total 2 hours). Also there is a burden to obtain the VAS during labour.

The risk with participation of the study is small and is related to algometry (haematoma or pain on the pressure point), the venapuncture (risk of fainting or haematoma) or filling out the questionnaires (stress) during a home visit.

## **Contacts**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

pregnancy wish or primigravidity

age from 18 years

control of dutch language

informed consent

### Exclusion criteria

Women with rheumatic disorders which are connected with pain e.g. rheumatoid arthritis.

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

### Recruitment

NL

Recruitment status: Will not start

Enrollment: 220

Type: Anticipated

## Ethics review

Not approved

Date: 17-11-2008

Application type: First submission

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL23135.041.08