

# thrombogenicity and platelet reactivity as risk factors for postoperative microemboli signals in patients undergoing carotid endarterectomy

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Will not start
<b>Health condition type</b>	Central nervous system vascular disorders
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON32409

### Source

ToetsingOnline

### Brief title

MES (Micro Embolism Signal)

### Condition

- Central nervous system vascular disorders
- Arteriosclerosis, stenosis, vascular insufficiency and necrosis

### Synonym

arteriosclerosis, stroke

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Academisch Ziekenhuis Maastricht

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** atherosclerosis, coagulation, Endarterectomy, stroke

## Outcome measures

### Primary outcome

The amount (mean and peak) of MES, measured with TCD, starting from the first postoperative hour, during a period of 3 hours.

### Secondary outcome

a recurrent ipsilateral ischaemic stroke, or death within a period of 1 year starting from the day of the operation

## Study description

### Background summary

Atherosclerosis is one of the most important causes of morbidity and mortality in western society. This major problem merits particular attention with regard to research, in order to optimise the prevention, the care and the treatment of this disease.

An ischaemic stroke is often the result of atherosclerosis in the carotid artery. The diagnostics and treatment of a recent stroke or a recent TIA is partly based on the degree of stenosis found in the carotid artery. A surgical intervention, named carotid endarterectomy, using the current indication criteria (stenosis > 70%) has proved to be effective in the reduction of recurrent strokes. However, of all patients undergoing this intervention, 2-7% develops a stroke in the postoperative phase. Nowadays transcranial doppler sonography is often used postoperatively in order to detect micro-embolisms (MES), because in literature there is a growing evidence of a correlation between the amount of MES and the occurrence of a stroke.

Both coagulation parameters and platelet reactivity are considered to play an important role in the formation of such micro-embolisms. The determination of these parameters will result in a better identification of patients at risk of

developing postoperative stroke.

### **Study objective**

The objective of this study is to predict which patients will develop MES after carotid endarterectomy, using different coagulation parameters and platelet function tests, so in the future these patients will be identified early. Identification of this subgroup may lead to a more adequate and early intervention for these patients.

### **Study design**

100 patients undergoing carotid endarterectomy will be included in the study. Before the surgical intervention coagulation parameters and platelet function will be determined using different laboratory tests. During operation one more blood sample will be obtained, 10 minutes after the injection of heparin. After the operation patients will be monitored using TCD, starting from the first postoperative hour during 3 hours. Subsequently we will investigate whether or not there is a correlation between the markers and the amount of postoperative MES. Also correlations between markers and the occurrence of stroke will be investigated. There will be a follow-up period of 21 years.

### **Study burden and risks**

There are no risks related to TCD. All the risks of this study will be related to the venepunctures. Bruises resulting from the venepuncture is a common complication, but not harmful. Also thrombophlebitis might occur, although this is a rare complication.

## **Contacts**

### **Public**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

patients with an ischemic stroke or TIA (first episode or recurrent disease) AND:  
an ipsilateral stenosis of the carotid artery for which operation of the carotid artery is indicated.

Patients need to have an adequate transtemporal window for TCD monitoring of the artery cerebri media

Age > 18 year and < 90years

### Exclusion criteria

proven coagulopathies

pregnancy

active infections

chronic inflammatory diseases

anti-phospholipid syndrome

active malignancy

recent cardiovascular intervention (< 3 months)

cardiac arrhythmias

postradiation stenosis of the carotid artery

patients with exclusion criteria for MRI can participate in the study, they will not undergo MRI investigations. Exclusion criteria are: ferromagnetic implants, intraocular iron splinters, vascular clips and claustrophobia.

## Study design

## Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

## Recruitment

NL

Recruitment status: Will not start

Enrollment: 100

Type: Anticipated

## Ethics review

Approved WMO

Date: 15-12-2008

Application type: First submission

Review commission: METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

CCMO

Other

### ID

NL23681.068.08

TC = 1472