

# New (vertebral) fracture incidence in a patient population with a previous fracture

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Amount of new fractures in this study population, divided in 4 different groups: group 1 MVF (+) osteoporosis (+) group 2 MVF (+) osteoporosis (-) group 3 MVF (-) osteoporosis (+) group 4 MVF (-) osteoporosis (-) (control group/less risk factors) The...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Fractures
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON32423

### Source

ToetsingOnline

### Brief title

Incidence of new fractures in high risk population

### Condition

- Fractures

### Synonym

fracture and broken bone, osteoporosis and decreased bone mineral density, risk factors

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Ziekenhuis Maastricht

**Source(s) of monetary or material Support:** Ministerie van OC&W, Nycomed

## Intervention

**Keyword:** (vertebral) fractures, follow up, osteoporosis, risk factors

## Outcome measures

### Primary outcome

Incidence of new fractures in this study population.

### Secondary outcome

Analyzing the changes of bone mineral density in this population after treatment or no-treatment and the effect of therapy in patients taking medication and compliance.

## Study description

### Background summary

Therapy of osteoporosis is started in patients who meet the criteria of the guideline for treatment of osteoporosis set up by CBO for instance patients with a bone mineral density (BMD)  $< -2.5$ . But unfortunately a lot of people with osteopenia (BMD between  $-1$  and  $-2.5$ ) fracture. Recent research data show 50% of all patients with a non vertebral fracture have a morphometric vertebral fracture (MVF). A morphometric vertebral fracture is a risk factor for future fractures in despite of the BMD concluded those authors (Dumitrescu et al). Systemic follow up of these patients will show new fractures, vertebral and non vertebral.

### Study objective

Amount of new fractures in this study population, divided in 4 different groups:

group 1 MVF (+) osteoporosis (+)

group 2 MVF (+) osteoporosis (-)

group 3 MVF (-) osteoporosis (+)

group 4 MVF (-) osteoporosis (-) (control group/less risk factors)

The secundair aim of this study is to measure the BMD difference and to look at the therapeutic effects and therapeutic compliance.

### Study design

prospective, observational (cohort) study

### **Study burden and risks**

The participants burden is minimalized to one visit to the reumatologist and previous a DXA scan, X-ray (not all patients), a blood sample and a questionnaire. This all is considered to be normal patient care and minimal burden and risk to the patient.

## **Contacts**

### **Public**

Academisch Ziekenhuis Maastricht

P. Debyelaan 25; P.O. Box 5800  
6202 AZ Maastricht  
NL

### **Scientific**

Academisch Ziekenhuis Maastricht

P. Debyelaan 25; P.O. Box 5800  
6202 AZ Maastricht  
NL

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

women above 50 years

women were included in previous research (Dumitrescu)

## Exclusion criteria

male  
patients with dementia  
patients living abroad  
patients with a life expectancy <6 months  
patients who are deceased

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Health services research

### Recruitment

NL  
Recruitment status: Recruiting  
Start date (anticipated): 22-07-2008  
Enrollment: 492  
Type: Actual

## Ethics review

Approved WMO  
Date: 18-06-2008  
Application type: First submission  
Review commission: METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL21506.068.08