

# Comparing IVF results when using two commercially available culture media - a multi-center randomized controlled trial

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To compare two widely used IVF culture media (G5 and HTF) to find out which one leads to the best live birth rate per patient.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Other condition
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON32460

### Source

ToetsingOnline

### Brief title

Medium-trial

### Condition

- Other condition

### Synonym

subfertility

### Health condition

subfertiliteit

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** culture medium, in vitro fertilization, randomized controlled trial

## Outcome measures

### Primary outcome

Primary outcome measure will be the percentage of live births after one year of treatment.

### Secondary outcome

Secondary outcome measures will be embryo quality, clinical pregnancy rate, miscarriage rate, ongoing pregnancy rate, time to pregnancy, average birth weight and percentage of children with congenital abnormalities.

## Study description

### Background summary

A variety of culture media for human preimplantation embryos are currently used in human in vitro fertilization procedures (IVF). Previous studies have indicated that alterations in the composition of the culture media could affect embryo quality and pregnancy rates. Despite the importance of culture media, it is not known what is the best medium to use for human in vitro fertilization procedures.

### Study objective

To compare two widely used IVF culture media (G5 and HTF) to find out which one leads to the best live birth rate per patient.

### Study design

A multi-center, randomized, double-blinded comparison of G5 and HTF for human

preimplantation embryo culture.

## **Intervention**

Ovarian hyperstimulation and oocyte retrieval will be performed using standard procedures. In the experimental arm, all oocytes and resulting embryos will be cultured in G5-medium in all treatments for the duration of one year after randomisation and in the control arm, oocytes and resulting embryos will be cultured in HTF-medium in all treatments for the duration of one year after randomisation. Embryo selection and transfer will subsequently be performed using standard procedures.

## **Study burden and risks**

After providing written consent, there is no involvement, burden or benefit for the participating women. These women follow normal routine IVF procedures. The only difference between both arms of the study is the culture medium used. Both media are certified and have been used extensively both in the Netherlands and abroad without any complications.

## **Contacts**

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## **Trial sites**

### **Listed location countries**

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

All couples that present to one of the participating centers for their first, or first after a successful pregnancy, IVF/ICSI treatment.

### Exclusion criteria

Couples undergoing a PGD cycle, couples for which IVF is used to prevent the transmission of HIV and couples undergoing a modified natural cycle will be excluded.

## Study design

### Design

Study phase:	4
Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Double blinded (masking used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	18-07-2010
Enrollment:	784
Type:	Actual

## Ethics review

Approved WMO

Date: 12-04-2010

Application type: First submission

Review commission: CCMO: Centrale Commissie Mensgebonden Onderzoek (Den Haag)

Approved WMO

Date: 11-05-2010

Application type: Amendment

Review commission: CCMO: Centrale Commissie Mensgebonden Onderzoek (Den Haag)

Approved WMO

Date: 13-07-2010

Application type: Amendment

Review commission: CCMO: Centrale Commissie Mensgebonden Onderzoek (Den Haag)

Approved WMO

Date: 13-09-2010

Application type: Amendment

Review commission: CCMO: Centrale Commissie Mensgebonden Onderzoek (Den Haag)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register**

CCMO

Other

**ID**

NL30441.000.09

NTR1979 (Dutch Trialregister ID)