# A field evaluation of the application of dynamic lighting in living and care facilities for the demented people.

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To investigate the effects of dynamic ligthing in an elderly population living in a nursery home

Ethical review	Approved WMO
Status	Pending
Health condition type	Other condition
Study type	Interventional

# Summary

## ID

NL-OMON32599

**Source** ToetsingOnline

**Brief title** Dynamic lighting

## Condition

• Other condition

#### Synonym

dementia, psychogeriatric diseases

#### **Health condition**

verstoord dag-nachtritme

# Research involving

Human

## **Sponsors and support**

**Primary sponsor:** VIVRE contactpersoon H.J.H.M.M.verheesen MHA **Source(s) of monetary or material Support:** Zon MW,Bouwcollege + eigen financiering Vivre

## Intervention

Keyword: demention, dynamic lighting, elderly living and care, evaluation of use

## **Outcome measures**

#### **Primary outcome**

activity measurement

change in circadian rhythm

#### Secondary outcome

improvement of quality of life

reduction of behavioral disturbances

# **Study description**

#### **Background summary**

Circadian rhyhtms are actively re-inforced by the presense of day-light. People in nursery homes are seldomly exposed to direct day-light. Knowledge has become available that the effects of daylight can be mimmicked with artificial light of a certain intensity (>1000 lux) and color (blue-ish light 1000K) Application of this light in a specific pattern may be used to re-inforce the circadian rhythm by these people.

### **Study objective**

To investigate the effects of dynamic lighting in an elderly population living in a nursery home

### Study design

experimental group (Aqua) A) dynamic lighting + measurement of activity (actimeter)

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Control group (Sonne) B) measurement of activity (actimeter)

Each group is followed during 3 months

#### Intervention

introduction of dynamic lighting

### Study burden and risks

introduction of artificial light can cause a burden having to ware a wrist watch to support activity measurement can be regarded to as a burden.

# Contacts

#### Public

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# **Trial sites**

## **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years)

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Elderly (65 years and older)

## **Inclusion criteria**

diagnostisized with psychogeriatric disease living in Klevarie with indication ZZP5 or ZZP7

## **Exclusion criteria**

diagnosis was set before the age of 70

# Study design

## Design

Study type:	Interventional
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)
<b>-</b> :	

Primary purpose: Health services research

## Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-10-2008
Enrollment:	20
Туре:	Anticipated

# **Ethics review**

Approved WMO	
Application type:	First submission
Review commission:	METC SRL Stichting Revalidatie Limburg (Hoensbroek)

# **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register** CCMO **ID** NL24421.022.08