

# The diabetic hypo-alert dog : a added value to the patient with hypoglycemia-unawareness ?

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To evaluate the accuracy of trained hypo-alert dogs and to evaluate the quality of life of patients with such a dog.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Diabetic complications
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON32612

### Source

ToetsingOnline

### Brief title

The diabetic hypo-alert dog

### Condition

- Diabetic complications

### Synonym

hypoglycemia unawareness, hypo-unawareness

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Medisch Centrum Leeuwarden

**Source(s) of monetary or material Support:** bijdrage uit Wetenschapsfonds ziekenhuis MCL

## Intervention

**Keyword:** cgm, dog, hypoglycemia, unawareness

## Outcome measures

### Primary outcome

percentage of adequately alerted hypoglycemias by the dog during the observation periods

### Secondary outcome

quality of life

## Study description

### Background summary

hypoglycemia unawareness is a serious problem in more than 25 percent of patients with longstanding diabetes type 1. Until now there are no solutions for this problem. A dog is able to sense hypoglycemia in his master and can be trained to alert his master. A observation with one patient has proven that this concept can work.

### Study objective

To evaluate the accuracy of trained hypo-alert dogs and to evaluate the quality of life of patients with such a dog.

### Study design

8 patients who will be trained with a hypo-alert dog will be tested with continuous glucose monitoring for 3 days, before, during and after the training. Data from the cgm, which will be blinded during the study period will be correlated to the reaction of the dog and the self measured blood glucose values of the patients. Questionnaires concerning hypo-fear and quality of life will be filled by the patients before, during and after the training period

### Study burden and risks

CGM will be some kind of burden for the patients, while having to wear a sensor

for three days at a row and inserting a subcutaneous needle.  
No clear risks are involved

## Contacts

### Public

Medisch Centrum Leeuwarden

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9834 AD

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### Scientific

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

diabetic patients older than 18 years with hypoglycemia unawareness

### Exclusion criteria

psychiatric problems

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Prevention

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 01-09-2010

Enrollment: 8

Type: Actual

## Ethics review

Approved WMO

Date: 09-02-2010

Application type: First submission

Review commission: RTPO, Regionale Toetsingscie Patientgebonden Onderzoek (Leeuwarden)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

CCMO

### ID

NL30622.099.09