

The long-term course of depression in primary care

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There are 3 objectives: 1. What are the effects of intervention on depression outcomes on the long term? 2. What is the long term course of depression in primary care for patients in the control conditions? 3. What are the effects of attachment on the...

Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Mood disorders and disturbances NEC
Study type	Observational non invasive

Summary

ID

NL-OMON32690

Source

ToetsingOnline

Brief title

Long-term course depressionLange

Condition

- Mood disorders and disturbances NEC

Synonym

depression, major depressive disorder

Research involving

Human

Sponsors and support

Primary sponsor: Universitair Medisch Centrum Groningen

Source(s) of monetary or material Support: Fonds Psychische Gezondheid

Intervention

Keyword: course, depression, long-term, primary care

Outcome measures

Primary outcome

The long term course of depression in terms of onset and recency of MDE(s).

Secondary outcome

The long term course of care utilisation.

Severity of depression at the end of follow up.

Attachment at the end of follow up.

Study description

Background summary

Although several studies have addressed the course of depression, studies on the long term course of depression in primary care, in which most of the depressed patients are actually treated, are severely underrepresented.

Study objective

There are 3 objectives:

1. What are the effects of intervention on depression outcomes on the long term?
2. What is the long term course of depression in primary care for patients in the control conditions?
3. What are the effects of attachment on the long term course of depression?

Study design

Long term observational follow up of already conducted RCT.

Study burden and risks

About 2 hours. There are no risks associated with participation.

Contacts

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Trial sites

Listed location countries

Netherlands

Eligibility criteria

Age

Adults (18-64 years)

Elderly (65 years and older)

Inclusion criteria

Inclusion criterion in INSTEL Phase II is participation in Phase I (between 1998 - 2003) of the INSTEL-study (Intervention Study primary care). ;Inclusion criteria in INSTEL Phase I were: (1) meeting the diagnostic criteria for major depression at the time of the interview (baseline), or had met these criteria in the past three months (recent major depressive episode); (2) treatment by their GP for depression. Exclusion criteria in INSTEL Phase I (1998 - 2003) were: (1) a life threatening medical condition, (2) psychosis, (3) bipolar disorder, (4) substance dependency or abuse, (5) dementia, (6) pregnancy, (7) and receiving treatment for depression in a specialty mental health setting.

Exclusion criteria

No exclusion criteria. All patients participating in Phase I of INSTEL will be approached.

Study design

Design

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Basic science

Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 15-10-2010

Enrollment: 170

Type: Actual

Ethics review

Approved WMO

Application type: First submission

Review commission: METC Universitair Medisch Centrum Groningen (Groningen)

Study registrations

Followed up by the following (possibly more current) registration

No registrations found.

Other (possibly less up-to-date) registrations in this register

No registrations found.

In other registers

Register	ID
CCMO	NL30683.042.09