

# Functional outcome and quality of life in adult congenital heart disease patients with prosthetic valves\*

Published: 21-05-2010

Last updated: 04-05-2024

To investigate the relation between characteristics of valve prosthesis on functional outcome and quality of life in adult patients with CHD. To investigate the prevalence and predictors of PPM in a population with CHD. To investigate the incidence of...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Congenital cardiac disorders
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON32722

### Source

ToetsingOnline

### Brief title

Prostava

### Condition

- Congenital cardiac disorders
- Cardiac and vascular disorders congenital
- Cardiac therapeutic procedures

### Synonym

prosthetic heart valves in congenital heart disease

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** ICIN en NHS

## Intervention

**Keyword:** valves - prosthesis - complications - quality of life - exercise

## Outcome measures

### Primary outcome

Primary outcomes are VO2max and quality of life.

### Secondary outcome

Secondary outcomes are the prevalence of PPM and the incidence of valve related complications.

## Study description

### Background summary

In patients with congenital heart disease (CHD), often mechanical or biological prosthetic valves are implanted. These patients differ from adults who have prosthetic valves implanted for acquired valve disease (e.g. differences in age, lifestyle, variety of valve location). The prevalence of pulmonary and tricuspid prosthetic valves is high. The prevalence of prosthesis-patient-mismatch (PPM) is probably high because often valves were implanted during childhood. In patients with acquired valve disease PPM is associated with decreased survival and increased incidence of heart failure. Data about the prevalence of PPM in adults with CHD are lacking. The probable high prevalence of PPM and the complicated history of many CHD patients may predestinate them for complications such as heart failure and arrhythmias. The influence of prosthetic valve characteristics (type, location, size/PPM) in adults with CHD on functional outcome and quality of life has however not been investigated. Moreover, data about the long-term complications of prosthetic valves in adults with CHD are scarce. For example, in the pulmonary position usually biological valves are implanted because of a presumed high

incidence of thrombo-embolism associated with mechanical valves, but scientific evidence confirming this presumption is lacking.

## **Study objective**

To investigate the relation between characteristics of valve prosthesis on functional outcome and quality of life in adult patients with CHD.

To investigate the prevalence and predictors of PPM in a population with CHD.

To investigate the incidence of valve prosthesis-related complications in a population with CHD

(re-operation, valve thrombosis, bleeding complications, hemolysis, paravalvular regurgitation, endocarditis, arrhythmias, pregnancy-related complications, heart failure).

To investigate the relation between prosthesis related complications and valve type.

## **Study design**

Patient files of CHD patients with prosthetic valves identified from the CONCOR database will be studied for past medical history including surgical procedures and for the occurrence of valve-related complications. The cross-sectional evaluation comprises history, physical examination, VO2max, quality of life questionnaires, echocardiogram including prosthetic valve area, MRI (ventricular volumes and mass), laboratory evaluation (including NT-pro-BNP).

## **Study burden and risks**

As all investigations are routine investigations in this population, no risk is involved. Investigations will be scheduled as much as possible combine with an already scheduled visit. maximum extra time for each patients is one day. Patients may indirectly benefit from the study results, because our results may influence the choice of valve prosthesis, the indication for more extensive surgery (e.g. annulus enlargement) and the indication for re-operation in patients with prosthesis-patient-mismatch.

## **Contacts**

### **Public**

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## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Included in concor database, congenital heart disease, valve prosthesis 9all required)

### Exclusion criteria

Inability to comply with examinations (quality of life questionnaire and exercise test)

## Study design

### Design

**Study type:** Observational non invasive

Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Diagnostic

## Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	13-11-2010
Enrollment:	600
Type:	Actual

## Ethics review

Approved WMO	
Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
Other	6723
CCMO	NL29965.042.09