# Biomarkers in Kennedy Disease The identification of biomarkers as clinical endpoints in drug efficacy trials in Kennedy disease; an international academic multicenter study in Utrecht and Leuven

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Ethical review	Approved WMO
Status	Recruitment stopped
Health condition type	Chromosomal abnormalities, gene alterations and gene variants
Study type	Observational invasive

# **Summary**

### ID

NL-OMON32727

**Source** ToetsingOnline

**Brief title** Biomarkers in Kennedy Disease

# Condition

- Chromosomal abnormalities, gene alterations and gene variants
- Endocrine disorders of gonadal function
- Neuromuscular disorders

#### Synonym

Kennedy Disease, Spinal bulbar muscular atrophy

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#### **Research involving** Human

### **Sponsors and support**

**Primary sponsor:** Universitair Medisch Centrum Utrecht **Source(s) of monetary or material Support:** ALS Centrum Nederland

### Intervention

Keyword: biomarkers, KD, Kennedy Disease, SBMA

### **Outcome measures**

#### **Primary outcome**

The main study parameters of this study are the correlations between possible biomarkers and the disease progression in patients. Disease status and progression will be measured with the ALS-FRS-R, Norris scale and ShortForm-36. Possible biomarkers are the manual muscle testing, 6minute-walking-test, circumference of limbs, bloodtesten (transaminases, creatine kinase, glucose, HbA1c, prolactine, testosterone, luteinizing hormone, follicle stimulating hormone and sex-hormone-binding-globuline) and genomic profiling of mRNA. With the discovery of (a) new biomarker(s) the sample size calculation for drug efficacy trials in KD can be made.

#### Secondary outcome

NA

# **Study description**

#### **Background summary**

Kennedy Disease (KD), also called spinal and bulbar muscular atrophy, is a neurodegenerative disorder of motor neurons characterized by proximal muscle

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weakness and atrophy, bulbar involvement, hand tremor, mild sensory symptoms and gynaecomastia. Although the majority of symptoms comprises motor function, sensory disturbances can also occur. Kennedy Disease is a so-called X-linked polyglutamine disease with an expansion of the CAGrepeat at the N-terminal of the Androgen Receptor (AR) gene. Testosterone plays a major part in the pathogenesis of KD, because binding of testosterone at mutant AR induces a toxic gain of function of the AR with subsequent neuronal degeneration. Despite the knowledge of the pathogenesis and underlying genetic defect, a treatment to cure or stabilize KD has not yet been discovered. Limitations of efficacy trials in KD are the rarity of the disease, the slow progression of the disease and the required extensive trial duration.

#### **Study objective**

The main objective of this prospective population based cohort study of patients with KD in the Netherlands and Flemish part of Belgium is to perform multiple tests (i.e. clinical and blood) and genomic profiling to discover possible biomarkers for disease progression in KD. New biomarkers in KD are needed to effectively screen future disease-modifying therapies.

#### Study design

A prospective, population based cohort study

#### Study burden and risks

This research will be done in patients with KD. The burden of participation consists of filling out a questionnaire, undergoing physical examination and the drawing of blood samples every six months. The blood amount varies per visit from 2 tubes (3ml + 3.5ml) up to 5 tubes (10ml + 10ml + 3ml + 3.5ml + 2.5ml). Every six months multiple functional tests will be performed. Overall, the burden and risks associated with participation in the study will be minor.

# Contacts

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# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

Age Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

1) genetically confirmed KD in patients with more than one of the following symptoms,: muscle weakness, muscle atrophy, bulbar palsy, fasciculations, tremor or mild sensory symptoms

2) male

- 3) Androgen receptor gene with a CAG repeat exceeding 38 copies
- 4) age >18 years
- 5) given written informed consent

## **Exclusion criteria**

- 1) Androgen receptor gene with CAG repeat of less than 38 repeats
- 2) female carriers
- 3) <18 years of age

# Study design

### Design

Study type: Observational invasive

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Masking:	Open (masking not used)
Control:	Uncontrolled
Primary purpose:	Other

### Recruitment

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Recruitment status:	Recruitment stopped
Start date (anticipated):	25-01-2011
Enrollment:	50
Туре:	Actual

# **Ethics review**

Approved WMO	
Date:	25-08-2010
Application type:	First submission
Review commission:	METC NedMec

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register CCMO ID NL29819.041.09