

# Development of the basophil activation test.

Published: 16-12-2008

Last updated: 06-05-2024

The aim of this study is to develop and validate the basophil activation test by flow cytometry in our hospital as an extra diagnostic procedure for patients, who can not be diagnosed with existing tests or who have the risk of developing...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Allergic conditions
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON32817

### Source

ToetsingOnline

### Brief title

basophil activation test

### Condition

- Allergic conditions
- Angioedema and urticaria

### Synonym

anaphylaxis, fast allergic reaction, type 1 allergy

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Groningen

**Source(s) of monetary or material Support:** farmaceutische industrie en eigen middelen van de afdeling allergologie, Schering-Plough

## Intervention

**Keyword:** allergy, anaphylaxis, basophil activation test, small molecular substances

## Outcome measures

### Primary outcome

Reactors to the oral provocation test for diclofenac or to other allergy-tests for subjects allergic to the other allergens are expected to have a greater reaction to the basophil activation test than non-reactors.

### Secondary outcome

n/a

## Study description

### Background summary

There are multiple tests available to diagnose an allergy. In Type-4 reactions epicutaneous patch-tests are used as well as the lymphocyte transformation test (LTT). In Type-1 reactions (immediate type reactions) mostly proteins function as allergens. Prick tests and in vitro determination of specific IgE are the tests of choice in these cases. There are however patients that have an immediate type allergic reaction to small molecular substances, which indicates that mast cells and basophils are involved. IgE involvement in these cases is not always clear. The basophils will degranulate through activation and histamine and other mediators are released. Because of this mechanism symptoms of an immediate (pseudo) allergic reaction occur. Identifying specific IgE is difficult in this situation, because the suspected substance has to be bound to a carrier. In prick tests and provocation challenges there is the risk of patient having an anaphylactic reaction. Therefore more diagnostic tests are desired.

The basophil activation test by flow cytometry is a recently developed test to mimic in vitro the contact between allergens and the cells responsible for symptoms (basophils and mastcells). By flow cytometry (FACS) it is possible to identify basophil in blood, even if a small number is available. With monoclonal antibodies to degranulation markers on the surface of the basophils, activation of the basophils can be detected. Multiple studies have demonstrated that the basophil activation test by flow cytometry is a reliable tool for

identifying degranulation markers on basophils by different allergens. By identifying the activation of basophils through the basophil activation test by flow cytometry, diagnosis and treatment of some patients will substantially improve.

### **Study objective**

The aim of this study is to develop and validate the basophil activation test by flow cytometry in our hospital as an extra diagnostic procedure for patients, who can not be diagnosed with existing tests or who have the risk of developing anaphylaxis by performing diagnostic tests in vivo.

### **Study design**

To validate the basophil activation test in our laboratory, birch pollen will be used as an allergen, because the basophil activation for this allergen is well documented. Subject non-allergic to birch pollen will serve as controls. As a second step the basophil activation test for diclofenac will be developed with patients with a positive oral provocation test to diclofenac in the last 3 years and subjects who tolerate diclofenac. Finally the basophil activation test for diclofenac will be developed for allergens from cosmetic substances, in particular benzophenone-3.

For this purpose 5 ml of blood will be needed from all subjects. The blood will be incubated with the allergen and with anti IgE as positive control and activation buffer as negative control. Then antihuman IgE and CD63 and CD203c will be added. By flowcytometric analysis activated basophils will be isolated. The optimum concentration of the allergens will be searched to separate the allergic subjects from the non-allergic subjects.

### **Study burden and risks**

The effort of patients will be kept to a minimum. Blood will be taken by experienced and qualified employees from the laboratory of the UMCG. The investment in time will be about 5 to 10 minutes per patient and will only include giving a blood sample. It will not be necessary to fill in questionnaires or any other forms.

## **Contacts**

### **Public**

Universitair Medisch Centrum Groningen

Hanzeplein 1  
9713 GZ

Nederland  
**Scientific**  
Universitair Medisch Centrum Groningen

Hanzeplein 1  
9713 GZ  
Nederland

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Type 1 allergie for diclofenac, benzophenon-3 or birch pollen.

### Exclusion criteria

Use of immunomodulatory medicine. Current infectious disease or fever.

## Study design

### Design

Study type:	Observational invasive
Intervention model:	Other
Allocation:	Non-randomized controlled trial
Masking:	Open (masking not used)

Control:	Active
Primary purpose:	Diagnostic

## Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-09-2008
Enrollment:	45
Type:	Anticipated

## Ethics review

Approved WMO	
Application type:	First submission
Review commission:	METC Universitair Medisch Centrum Groningen (Groningen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL24239.042.08