

# Detection of distant metastases in head and neck cancer patients by whole body FDG-PET and whole body MRI

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To study the value of whole body MRI in screening on distant metastases in HNSCC patients with high risk factors.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Metastases
<b>Study type</b>	Observational non invasive

## Summary

### ID

NL-OMON32960

### Source

ToetsingOnline

### Brief title

Detection of distant metastases by whole body MRI

### Condition

- Metastases

### Synonym

distant metastases; head and neck cancer

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Vrije Universiteit Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** distant metastases, FDG-PET, head and neck cancer, whole body MRI

## Outcome measures

### Primary outcome

Primary endpoints are the proportion of clinically relevant findings (detection of distant metastases) with MRI and/or PET/CT and the diagnostic accuracy of MRI, PET/CT and combination of MRI and PET/CT.

### Secondary outcome

Secondary endpoint is the interobserver agreement of MRI and PET/CT.

## Study description

### Background summary

The detection of distant metastases in head and neck squamous cell carcinoma (HNSCC) patients can avoid futile extensive treatments. In routine clinical practice HNSCC patients with high risk factors for distant metastases undergo pretreatment screening on distant metastases by FDG-PET/CT. However, follow-up reveals that a substantial percentage of distant metastases are missed. Therefore, room for improvement remains. Due to the introduction of multi-receiver channel MR, whole body MRI (WB-MRI) has become clinically feasible and shows promising results for the detection of distant metastases in other solid tumours.

### Study objective

To study the value of whole body MRI in screening on distant metastases in HNSCC patients with high risk factors.

### Study design

This is a prospective observational non-randomized single-institute pilot study of 20 consecutive patients. All patients will undergo pretreatment whole body FDG-PET/CT and whole body MRI in random order as dictated by logistics.

accuracy of both diagnostic techniques will be determined and compared.

### **Study burden and risks**

In current clinical practice these patients undergo FDG-PET/CT pretreatment. Whole body MRI may potentially detect additional distant metastases. Radiation exposure of PET/CT is very low as compared to the radiation therapy which almost all of these patients will undergo. In this study no adverse or serious adverse events are expected, since FDG-PET/CT and MRI scans are used in common daily practice for this indication. Patients may benefit, because futile extensive treatments will be avoided if any distant metastases are detected.

## **Contacts**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

## Inclusion criteria

head and neck cancer  
high risk factors for distant metastases  
candidate for extensive locoregional treatment with curative intent

## Exclusion criteria

known with distant metastases (no screening)

## Study design

### Design

**Study type:** Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Pending

Start date (anticipated): 01-06-2009

Enrollment: 20

Type: Anticipated

## Ethics review

Approved WMO

Application type: First submission

Review commission: METC Amsterdam UMC

## Study registrations

## **Followed up by the following (possibly more current) registration**

No registrations found.

## **Other (possibly less up-to-date) registrations in this register**

No registrations found.

## **In other registers**

<b>Register</b>	<b>ID</b>
CCMO	NL27603.029.09