

# Prospective validation of a predictive model for pathologic complete response after chemoradiotherapy in rectal cancer:

## A prognostic study

Published: 15-07-2009

Last updated: 04-05-2024

The long-term research objective is to be able to select rectum cancer patients who could receive a less invasive treatment. If prediction of response is possible, surgery may be avoided when complete response after chemoradiotherapy is expected or...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Anal and rectal conditions NEC
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON33076

### Source

ToetsingOnline

### Brief title

validation of a predictive model after complete response in rectal cancer

### Condition

- Anal and rectal conditions NEC
- Gastrointestinal neoplasms malignant and unspecified

### Synonym

cancer of the rectum/rectumcancer

### Research involving

Human

## Sponsors and support

**Primary sponsor:** MAASTRO clinic

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** validation model chemoradiotherapy rectumcancer

## Outcome measures

### Primary outcome

Prediction of pathological complete response (ypT0N0) 8-12 weeks after long-series chemoradiotherapy.

### Secondary outcome

Several binary outcomes (assessed from pathology 8-12 weeks after long-series chemoradiotherapy) are predicted for treatment adaptation:

1. TRG12 versus TRG34 (TRG: tumor regression grade, see Appendix F)
2. TRG1 versus TRG234
3. Percentage of ypT1-T2, N0

## Study description

### Background summary

Prediction of rectal tumor response after chemoradiotherapy (CRT) might be helpful in individualizing treatment strategies, i.e. selecting patients who need less invasive surgery or another radiotherapy strategy instead of resection. For rectal cancer it is known that 10-30% of the patients will respond with a pathologic complete response (pCR) after CRT. From a retrospective study with multivariate analysis of both clinical and FDG-PET data, it was found that adding FDG-PET data collected before and after CRT leads to a more predictive model compared to evaluating only pretreatment clinical data. To validate this model, this registration study is proposed. Furthermore, it has been found that FDG-PET during treatment is very predictive for response and a more favorable time point to adapt treatment. Also, there

are indications that adding blood biomarkers to the data, results in higher accuracy for response prediction compared to clinical and imaging data alone. Therefore, FDG-PET during treatment and blood sampling are included in the protocol to improve the accuracy of the prediction models.

### **Study objective**

The long-term research objective is to be able to select rectum cancer patients who could receive a less invasive treatment. If prediction of response is possible, surgery may be avoided when complete response after chemoradiotherapy is expected or performed with smaller incisions if stage reduction is significant. This support decision system helps to individualize patient treatment and can improve the quality of life for the patient.

### **Study design**

28x radiotherapy. On day 15 of radiotherapy en 8 weeks after radiotherapy: 1 PET-CT scan

Before radiotherapie, on day 15 and 8 weeks after radiotherapy: blood sample taken.

### **Study burden and risks**

Venapunction 2x ( PET-CT) and 3x a blood sample will be taken, in total 1.5 hours of extra time.

## **Contacts**

### **Public**

MAASTRO clinic

dr. Tanslaan 12  
6229ET Maastricht  
NL

### **Scientific**

MAASTRO clinic

dr. Tanslaan 12  
6229ET Maastricht  
NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- Histological proven rectal cancer
- UICC stage I-III
- Only primary tumors; no recurrences
- Willing and able to comply with the study prescriptions
- 18 years or older
- Have given written informed consent before patient registration
- No previous radiotherapy to the pelvis
- Only patients treated with concurrent chemoradiation

### Exclusion criteria

- Not adenocarcinoma histology
- History of prior pelvis radiotherapy
- No contra-indication for PET-CT ( claustrofobia/allergy)

## Study design

### Design

**Study type:** Observational invasive

Masking: Open (masking not used)

Control: Uncontrolled

## Recruitment

NL  
Recruitment status: Recruitment stopped  
Start date (anticipated): 02-09-2009  
Enrollment: 60  
Type: Actual

## Medical products/devices used

Registration: No

## Ethics review

Approved WMO  
Date: 15-07-2009  
Application type: First submission  
Review commission: METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

Approved WMO  
Date: 10-03-2010  
Application type: Amendment  
Review commission: METC academisch ziekenhuis Maastricht/Universiteit Maastricht, METC azM/UM (Maastricht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

### Register

CCMO

### ID

NL27852.068.09