

# "Evaluating small bowel wall in Crohn's disease: a comparison of MR enterography and contrast-enhanced ultrasound"

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The aim of the study is to assess the accuracy and feasibility of contrast enhanced ultrasonography (CE-US), in the primary diagnosis and relapse during follow up of small bowel CD, compared to MR enterography. Furthermore we attempt to determine...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Gastrointestinal inflammatory conditions
<b>Study type</b>	Observational invasive

## Summary

### ID

NL-OMON33145

### Source

ToetsingOnline

### Brief title

"Contrast-enhanced ultrasound in the diagnosis of Crohn's disease"

### Condition

- Gastrointestinal inflammatory conditions

### Synonym

Crohn's disease, Inflammatory bowel disease

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Rijnstate Ziekenhuis

**Source(s) of monetary or material Support:** stichting Maag-;darm-;leverziekten Arnhem (gelieerd aan Maatschap MDL-artsen Rijnstate); financiering arts onderzoeker

## Intervention

**Keyword:** contrast-enhanced ultrasound, Crohn's disease

## Outcome measures

### Primary outcome

The disease activity scores at CE-US (qualitative and quantitative), MRE and ileocolonoscopy and clinical activity score.

### Secondary outcome

Not applicable

## Study description

### Background summary

Magnetic resonance enterography/enteroclysis (MRE) and ileocolonoscopy are the standard procedures in the primary diagnosis and follow-up of inflammatory disease of the small bowel.

Bowel ultrasound is a non-invasive and inexpensive modality which has also been proposed for diagnosing small bowel Crohn's disease, but because of limited accuracy has not yet been incorporated in the daily practice. Contrast enhanced ultrasonography with intravenous contrast has been shown to improve the accuracy of ultrasound in detecting disease activity in patients already known with small bowel CD.

No studies have yet examined the accuracy and feasibility of CE-US in patients suspected of having small bowel CD in comparison with MR enterography, and the correlation of these findings with the level of inflammation assessed by ileocolonoscopy and histology. Our hypothesis is that contrast enhanced ultrasonography is just as accurate as MR enterography in the diagnosis of small bowel Crohn's disease.

### Study objective

The aim of the study is to assess the accuracy and feasibility of contrast enhanced ultrasonography (CE-US), in the primary diagnosis and relapse during follow up of small bowel CD, compared to MR enterography. Furthermore we

attempt to determine the correlation between disease severity assessed by ileocoloscopy and histology compared to the ultrasonographic findings.

## Study design

A prospective, cohort study.

Within one week after the confirmation of the diagnosis Crohn's disease (ileocolonoscopy with biopsies) all patients will receive the CE-US followed by the magnetic resonance enterography (MRE).

## Study burden and risks

The burden for the individual patient, associated with participation to the study could be related to the period of time spent on the radiology department for undergoing the CE-US (approximately 45 minutes longer), which will be performed on the same day with the MRE. Eventual discomfort during the CE-US could be related to possible adverse reaction of the contrast agent, such as headache and nausea (2,3%), injection site reactions (1,7%). Furthermore is there a very small risk for een allergic reaction

## Contacts

### Public

Rijnstate Ziekenhuis

Wagnerlaan 55  
6800 TA Arnhem  
NL

### Scientific

Rijnstate Ziekenhuis

Wagnerlaan 55  
6800 TA Arnhem  
NL

## Trial sites

### Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- age between 18-65 years old;
- confirmed Crohn's disease by ileocolonoscopy with biopsies;
- informed consent;

### Exclusion criteria

- cardiac failure (acute or chronic NYHA class II -IV) or other heart disease (unstable angina pectoris, recent acute coronary syndrome, severe rhythm disorders), right-to-left cardiac shunts, uncontrolled systemic hypertension, severe pulmonary hypertension and adult respiratory distress syndrome, which contraindicate the use of intravenous contrast during CE-US;
- chronic end stage kidney disease (risk for nephrogenic systemic sclerosis by use of MRI contrast agent: Gadolinium);
- patients having absolute contraindications for the MRI (intracorporal metal clips, neurostimulator, insuline pump or pacemaker);
- patients with an acute abdomen and indication for surgery;
- pregnancy and lactation;

## Study design

### Design

**Study type:** Observational invasive

Masking: Single blinded (masking used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated):	15-09-2009
Enrollment:	150
Type:	Actual

## Medical products/devices used

Registration:	No
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## Ethics review

Approved WMO	
Date:	13-07-2009
Application type:	First submission
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)
Approved WMO	
Date:	10-09-2009
Application type:	First submission
Review commission:	CMO regio Arnhem-Nijmegen (Nijmegen)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

Register	ID
EudraCT	EUCTR2009-013503-55-NL
CCMO	NL28132.091.09