

# A Comparison of Two Expandable Metal Stents for the Palliation of Malignant Esophageal Disease

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To compare the conventional Ultraflex® Stent with the newly designed Evolution® Controlled Release Stent for the palliation of patients with malignant esophageal disease.

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruiting
<b>Health condition type</b>	Gastrointestinal neoplasms malignant and unspecified
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON33264

### Source

ToetsingOnline

### Brief title

STEMA study

### Condition

- Gastrointestinal neoplasms malignant and unspecified

### Synonym

malignant esophageal stenosis / esophageal narrowing and malignant esophageal fistulas

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Erasmus MC, Universitair Medisch Centrum Rotterdam

**Source(s) of monetary or material Support:** Ministerie van OC&W

## Intervention

**Keyword:** Dysphagia, Esophageal, Fistula, Malignancy, Stent

## Outcome measures

### Primary outcome

- To compare the reintervention rate

### Secondary outcome

- To compare the procedural failure rate.
- To compare the early functional failure rate.
- To compare the procedure related complications.
- To compare the recurrence rate of dysphagia / esophageal leakage
- To compare the survival rate.

## Study description

### Background summary

Over the past 20 years, a wide variety of expandable esophageal endoprotheses have been developed to improve placement and reduce stent dysfunction. At present, the Ultraflex® stent (Boston Scientific, USA) is the most frequently used stent. The Ultraflex stent has a polyurethane covered flexible knitted-loop design. The stent has a proximal flange and both proximal and distal a non-covered segment to reduce the risk of migration. The Ultraflex stent is not designed to be repositioned or removed once deployed, although endoscopic removal is often feasible.

The recently designed Evolution Controlled Release Stent (Wilson-Cook Medical, USA) has a silicone sandwich covering. The stent has two uncovered flanges at the proximal and distal end to anchor the stent and reduce the risk of migration. The Evolution stent has a novel delivery system that makes the stent recapturable to allow for repositioning during deployment. The \*lasso\* loop on the proximal end enables stent removal and repositioning after deployment.

In this prospective randomized study, we will compare the conventional Ultraflex stent with the newly designed Evolution stent for the palliation of

patients with malignant esophageal disease.

### **Study objective**

To compare the conventional Ultraflex® Stent with the newly designed Evolution® Controlled Release Stent for the palliation of patients with malignant esophageal disease.

### **Study design**

Patients, 18 years of age and older, referred for palliative stent placement for malignant esophageal disease are eligible for this study after written informed consent.

### **Intervention**

- Insertion of the Ultraflex® Stent (group 1) or the Evolution® Controlled Release Stent (group 2)

### **Study burden and risks**

None. Stent therapy is a standard therapy for this population.

## **Contacts**

### **Public**

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## **Trial sites**

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Patients, 18 years of age and older, referred for stent placement for malignant esophageal disease

### Exclusion criteria

Location of lesions at less than 4 cm from upper gastro-intestinal sphincter.  
Lesions longer than 9 cm. Patients who are unable to undergo endoscopy

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

### Recruitment

NL	
Recruitment status:	Recruiting
Start date (anticipated):	26-06-2009
Enrollment:	80

Type: Actual

## Ethics review

Approved WMO

Date: 22-06-2009

Application type: First submission

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

Approved WMO

Date: 18-12-2009

Application type: Amendment

Review commission: METC Erasmus MC, Universitair Medisch Centrum Rotterdam (Rotterdam)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

**Register**

CCMO

**ID**

NL27137.078.09