# The effect of lower body negative pressure on cerebral autoregulation in young and elderly healthy volunteers

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The aim of the present study is to investigate cerebral vasoreactivity in response to lower body negative pressure in young and elderly healthy men, as a measure of cerebral autoregulatory responsiveness.

Ethical review Approved WMO

**Status** Recruitment stopped **Health condition type** Structural brain disorders

**Study type** Interventional

# **Summary**

#### ID

NL-OMON33320

#### Source

ToetsingOnline

## **Brief title**

**ELOCA** study

### **Condition**

- Structural brain disorders
- Decreased and nonspecific blood pressure disorders and shock

## **Synonym**

orthostasis

## Research involving

Human

## **Sponsors and support**

Primary sponsor: Leids Universitair Medisch Centrum

Source(s) of monetary or material Support: Ministerie van OC&W

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## Intervention

**Keyword:** blood pressure, cerebral autoregulation, lower body negative pressure

## **Outcome measures**

## **Primary outcome**

Change in (regional) cerebral blood flow and cerebral blood volume.

## **Secondary outcome**

Cerebral blood flow velocity of main feeding cerebral arteries, continuous

blood pressure and heart frequency.

# **Study description**

## **Background summary**

Although hypertension in midlife is associated with an increased risk of dementia in late- life, in late-life cognitive impairment is associated with lower blood pressures. Possibly, higher blood pressures are needed to maintain an adequate brain perfusion with a possible increasing failure of cerebral autoregulation with increasing age.

## Study objective

The aim of the present study is to investigate cerebral vasoreactivity in response to lower body negative pressure in young and elderly healthy men, as a measure of cerebral autoregulatory responsiveness.

## Study design

Intervention study with intra-individual paired measurements for measuring the effect of intervention and case-control design for the comparison between the effect in young and older study subjects.

#### Intervention

Lower body negative pressure (LBNP).

## Study burden and risks

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The study is not a great burden for study subjects. There is a possibility that the application of LBNP will be experienced as uncomfortable. There is a minimal chance that study subjects lose consciousness. The direct release of LBNP will result in a fast recovery, without any remaining complaints.

## **Contacts**

#### **Public**

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

## Age

Adults (18-64 years) Elderly (65 years and older)

## Inclusion criteria

- age: 18-35 years and >70 years

- non-smoking

- body mass index: 18-28 kg/m2

- length: 160-190 cm

## **Exclusion criteria**

- medical history of cardiovascular disease, diabetes mellitus, pulmonary disease, neurological disease, malignant disease, venous insufficiency
- alcohol use >3 units / day
- use of systemic medication
- cognitive impairment (MMSE score < 28 points)

# Study design

## **Design**

Study type: Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Other

## Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 26-05-2010

Enrollment: 20

Type: Actual

# **Ethics review**

Approved WMO

Date: 29-05-2009

Application type: First submission

Review commission: METC Leids Universitair Medisch Centrum (Leiden)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register ID

CCMO NL27396.058.09