

# Motivation study. Clinical empirical study on the effect of motivation feedback on motivation and compliance.

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We want to study the effect of feedback to the clinician concerning the motivation of the patient to see if this feedback leads to a better motivation, compliance and treatment result because the clinician is more aware of the motivation (or the...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Psychiatric disorders NEC
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON33332

### Source

ToetsingOnline

### Brief title

Motivation study

### Condition

- Psychiatric disorders NEC

### Synonym

psychotic disorders and personality disorders

### Research involving

Human

### Sponsors and support

**Primary sponsor:** GGZ Westelijk Noord-Brabant (Halsteren)

**Source(s) of monetary or material Support:** GGZ Westelijk Noord-Brabant

## Intervention

**Keyword:** Compliance, Feedback, Motivation, Treatment

## Outcome measures

### Primary outcome

Motivation and compliance

### Secondary outcome

Treatment outcome and other research variables that can possibly be regarded as determinants of motivation (feedback)

## Study description

### Background summary

Currently there is a lot of unclarity about the way motivation influences the treatment as well as what possibilities there are to positively influence the motivation. A better comprehension of the role of motivation is important because motivation problems coincide with dropout, a lack of compliance and thence a less favourable treatment result.

### Study objective

We want to study the effect of feedback to the clinician concerning the motivation of the patient to see if this feedback leads to a better motivation, compliance and treatment result because the clinician is more aware of the motivation (or the lack of motivation) of the patient and can take this into account in the treatment of the patient. Also we want to study what factors coincide with (changes in) the motivation for treatment.

### Study design

This study is a clustered randomised study that is meant to establish the influence of motivation feedback on the motivation and compliance.

### Intervention

Motivation feedback means that the clinician receives feedback concerning the

motivation of the patient on several occasions. This feedback will take place after the baseline measurement and after 6 months. The clinician will also provide oneself with feedback during every session. The feedback by session begins in the first month after the baseline measurement and ends after 12 months. Two groups will be compared with each other. The first group will receive a treatment including motivation feedback en the second group will receive a treatment without motivation feedback.

### **Study burden and risks**

The research participants will be interviewed 3 times by means of a series of questionnaires. The first time takes place at the beginning of the study, the second time after 6 months and the third time after 12 months. The additional burden for the research participant (besides the ROM-measurement) is stipulated by an interview duration of approximately 70 minutes. At the beginning of the study the research participants are also classified (based on their clinician) into 1 of 2 groups. Besides these interviews, the research participants in group 1 are also requested to take two short questionnaires that comprise of 6 questions in total. The research participants in group 2 don\*t have to do this. As far as we can tell this additional burden entails no obvious risks.

## **Contacts**

### **Public**

GGZ Westelijk Noord-Brabant (Halsteren)

Postbus 371  
4600 AJ Bergen op Zoom  
NL

### **Scientific**

GGZ Westelijk Noord-Brabant (Halsteren)

Postbus 371  
4600 AJ Bergen op Zoom  
NL

## **Trial sites**

### **Listed location countries**

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

- The patient has a psychotic disorder or a personality disorder
- The patient is currently receiving outpatient care.
- The patient is an adult (between 18 and 65 years old).

### Exclusion criteria

- The patient has an organic psychosyndrome.
- The patient has insufficient command of the Dutch language.

## Study design

### Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Single blinded (masking used)

**Primary purpose:** Treatment

### Recruitment

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	13-05-2011
Enrollment:	350
Type:	Actual

## Ethics review

Approved WMO

Application type:

First submission

Review commission:

METIGG: Medisch Ethische Toetsingscommissie Instellingen  
Geestelijke Gezondheidszorg (Utrecht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 26357

Source: Nationaal Trial Register

Title:

### In other registers

Register	ID
CCMO	NL28344.097.09
OMON	NL-OMON26357

## Study results

Date completed: 21-10-2013

Actual enrolment: 294