# Immunoglobulin therapy for patients with idiopathic cardiomyopathy and endomyocardial parvovirus B19 persistence - a prospective, double-blind, randomized, placebo-controlled clinical trial

Published: 23-03-2009 Last updated: 06-05-2024

A controlled trial to investigate whether high dose of intravenous immunoglobulin (IVIg) in addition to conventional heart failure therapy in patients with idiopathic cardiomyopathy and PVB19 persistence in the heart achieves improvement of cardiac...

Ethical reviewApproved WMOStatusRecruitment stoppedHealth condition typeMyocardial disorders

Study type Interventional

# **Summary**

#### ID

NL-OMON33416

#### **Source**

**ToetsingOnline** 

#### **Brief title**

IVIg for PVB19 mediated cardiomyopathy

#### **Condition**

- Myocardial disorders
- Viral infectious disorders

#### **Synonym**

viral mediated heartfailure

Research involving

Human

Sponsors and support

**Primary sponsor:** Sanguin Plasmaproducten

Source(s) of monetary or material Support: Sanguin Plasmaproducten

Intervention

**Keyword:** Cardiomyopathies, Human, Immunoglobulins, Intravenous, Parvovirus B19,

Therapy

Outcome measures

**Primary outcome** 

The main study parameter is the change in cardiac ejection fraction presence of

the heart from baseline to endpoint.

**Secondary outcome** 

Secondary parameters include changes in presence of cardiotrophic viruses (per

μg DNA of PVB19, HHV-6, EV, ADV, EBV), inflammation (CD45-staining lymphocytes

per/mm2), fibrosis (collageen volume fractie /mm2), cardiac functional capacity

(NYHA functional class), patient quality of life (Minnesota Living with Heart

Failure Questionnaire), other echocardiographic parameters (LVEDD, LVESD).

Tertiary parameters: The change in antibodies titers against Parvovirus B19

antigens VP1/VP2 and NS1 (non-structural protein). These antibodies will be

compared to the antibodies present in the used Nanogam batches and associated

with changes in the presence of specific PVB19 subtypes.

**Study description** 

**Background summary** 

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Parvovirus B19 (PVB19) persistence in the heart has been associated with progressive cardiac dysfunction and evolution to idiopathic cardiomyopathy.

#### **Study objective**

A controlled trial to investigate whether high dose of intravenous immunoglobulin (IVIg) in addition to conventional heart failure therapy in patients with idiopathic cardiomyopathy and PVB19 persistence in the heart achieves improvement of cardiac function in conjunction with virus elimination. Moreover, the titer of B19-antibodies in the serum of the patients will be determined before and after infusion, and in the used IVIg product.

#### Study design

A prospective, randomized, double-blind, placebo-controlled trail to evaluate the effect of IVIg on virus presence and cardiac functional capacity before and 6 months after IVIg therapy.

#### Intervention

Intervention: Patients will be randomised into 2 groups. Both groups will continue with their regular heart failure regimen. Group A will receive a total dose of 2 gr/kg bodyweight of intravenous immunoglobulin product Nanogam® administered as 0.5 gr/kg IV over a period of 6 hours on each of 4 consecutive days. Group B will receive placebo, an inactive medication indistinguishable from the interventional drug. As placebo the plasma volume expander G.P.O. (\* Gepasteuriseerde Plasma-eiwit Oplossing\*) is used.

### Study burden and risks

All patients will undergo routine diagnostic work-up, treatment and follow-up for their heart failure. Patients will be randomized to either receive IVIg or placebo, G.P.O., on top of their standard heart failure regimen. Patients receiving IVIg might have benefit from treatment because of elimination of PVB19. During the infusion the patient will be hospitalized for four days. Undesirable side effects from plasma products are usualy mild. After 3 month and 6 months there will be follow-up visits. The visits and investigations are part of the routine check-up, except for the endomyocardial biopsy (EMB) after 6 months. The procedure to obtain EMBs is a safe one, with a very low risk (<0.5 %) of peri-procedure complications.

Before the infusion 1 extra blood sample of 10 ml and 3 of 5 ml will be taken. Moreover, in order to monitor the presence of antibodies against PVB19 and total IgG levels in total 40 ml blood will be taken in 6 months (3 x 10 ml and 2 x 5 ml). Furthermore, 30 ml (3 x 10ml) blood will be used for future research. Moreover, at baseline and after 6 months a questionnaire should be to be filled out.

## **Contacts**

#### **Public**

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#### **Scientific**

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## **Trial sites**

#### **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

#### Inclusion criteria

- \* Symptomatic idiopathic cardiomyopathy >6 months
- \* Optimal conventional heart failure medication ><=3 months
- \* PVB19 viral load >200 copies/mcg DNA in endomyocardial biopsies
- \* Signed informed consent
- \* Age between 18 and 75 years

#### **Exclusion criteria**

- \* Other causes for heart failure:
- o Significant coronary artery disease (lesions >70 % stenosis).
- o Significant valvular disease
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- o Untreated hypertension (blood pressure >140mmHg)
- o Substance abuse
- o Chemotherapy induced
- \*Significant titer of other cardiotrophic viruses (EV, ADV, HHV6, EBV)
- \*Pregnancy or lactation
- \* Systemic diseases such as sarcoidosis, giant cell myocarditis, hemochromatosis, or systemic autoimmune diseases.
- \* Treatment with any other investigational drug within 7 days before study entry or previous enrolment in this study
- \* Known with allergic reactions against human plasma or plasma products
- \* Having an ongoing progressive terminal disease, including HIV infection
- \* Having renal insufficiency (plasma creatinin >115µmol/L or creatinin clearance <20 ml/min)
- \* Having an ongoing active disease causing general symptoms e.g. chronic active hepatitis, persistent enterovirus infection with ongoing systemic complaints.
- \* Having detectable anti-IgA antibodies
- \* Active SI F

# Study design

## **Design**

Study phase: 3

Study type: Interventional

Intervention model: Parallel

Allocation: Randomized controlled trial

Masking: Double blinded (masking used)

Control: Placebo

Primary purpose: Treatment

#### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 30-10-2009

Enrollment: 50

Type: Actual

## Medical products/devices used

Product type: Medicine

Brand name: G.P.O.

Generic name: Pasteurised plasma protein solution

Registration: Yes - NL outside intended use

Product type: Medicine
Brand name: Nanogam

Generic name: human normal intravenous immunoglobulin

Registration: Yes - NL outside intended use

# **Ethics review**

Approved WMO

Date: 23-03-2009

Application type: First submission

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 06-08-2009

Application type: First submission

Review commission: METC academisch ziekenhuis Maastricht/Universiteit

Maastricht, METC azM/UM (Maastricht)

Approved WMO

Date: 30-01-2013
Application type: Amendment

Review commission: MEC academisch ziekenhuis Maastricht/Universiteit

Maastricht, MEC azM/UM (Maastricht)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register

EudraCT ClinicalTrials.gov CCMO ID

EUCTR2009-009463-61-NL NCT00892112 NL27156.068.09