

# A prospective multi-national randomized comparison of the effectiveness and safety of MiniArc and Monarc.

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To randomly compare MiniArc and Monarc for:\* efficacy as surgical correction of stress-incontinence\* post-operative pain\* complications\* morbidity and post-operative recovery\* the need for repeated stress-incontinence surgery or specialized...

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Pending
<b>Health condition type</b>	Obstetric and gynaecological therapeutic procedures
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON33417

### Source

ToetsingOnline

### Brief title

MiniMo-trial.

### Condition

- Obstetric and gynaecological therapeutic procedures

### Synonym

stress urinary incontinence, unintended urine loss.

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Academisch Medisch Centrum

**Source(s) of monetary or material Support:** Ministerie van OC&W,American Medical Systems, Inc., Minnetonka, USA,American Medical Systems;Inc.;Minnetonka;USA

## Intervention

**Keyword:** Cost-effectiveness, MiniArc, Post-operative pain, Stress urinary incontinence

## Outcome measures

### Primary outcome

1. efficacy as surgical correction of stress urinary incontinence.
2. post-operative pain.

### Secondary outcome

3. complications.
4. morbidity and post-operative recovery.
5. the need for repeated stress-incontinence surgery or specialized physiotherapy.
6. pelvic floor function.
7. cost-effectiveness from a societal perspective.

## Study description

### Background summary

Stress urinary incontinence (SUI) is a worldwide common problem, especially suffering women. In the past many operative techniques are developed to treat stress urinary incontinence. One of the most successful techniques is the TVT-procedure (tension free vaginal tape). Since its introduction, more than 1,000,000 procedures with TVT have been performed worldwide. A recent Cochrane review concluded that the cure rates after TVT placement were similar to those after open abdominal retropubic suspension with a low complication rate. Initially suburethral tapes followed a retropubic route during insertion. Later, the trans-obturator route was developed. One of the most used transobturator slings is the Monarc. It has been shown that the trans-obturator route is associated with a lower risk on post-operative bladder retention and overactive bladder symptoms. Furthermore, the trans-obturator route is safer as, during this procedure, it is almost impossible to perforate the bladder. However, trans-obturator slings also carry some risk on morbidity of which

muscle pain (due to perforation of the obturator muscles) and bleeding (due to perforation of the obturator vessels) are the most important. With the intention to reduce the invasiveness of the retropubic and trans-obturator approach, the MiniArc was developed.

## **Study objective**

To randomly compare MiniArc and Monarc for:

- \* efficacy as surgical correction of stress-incontinence
- \* post-operative pain
- \* complications
- \* morbidity and post-operative recovery
- \* the need for repeated stress-incontinence surgery or specialized physiotherapy
- \* pelvic floor function
- \* cost-effectiveness from a societal perspective

## **Study design**

Prospective multi-national randomised controlled trial.

## **Intervention**

Surgical correction of symptomatic stress-incontinence with mini-sling (MiniArc) or trans-obturator sling (Monarc) .

## **Study burden and risks**

Burden: Before operation, 4 weeks and 12 months after operation, patients are asked to fill in a validated questionnaire concerning pelvic floor problems and general functioning. Also they have to complete a diary during the first 4 weeks after operation, concerning pain, use of analgetics and activities of daily life. 6 Months after operation an interview by telephone will take place to complete a short questionnaire (15 min). All questionnaires together takes approximatively 2 hours spread over 12 months.

Risk: Both operative techniques (MiniArc and Monarc) are well accepted procedures to treat stress urinary incontinence in women. In many centres these procedures are commonly used. Therefore no extra risks are connected with inclusion in the trial.

## **Contacts**

### **Public**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adults (18-64 years)

Elderly (65 years and older)

### **Inclusion criteria**

Female symptomatic stress urinary incontinence resulting from urethral hypermobility and/or ISD (intrinsic sphincter deficiency).

### **Exclusion criteria**

1. Subjects who have stage 2 or more genital prolaps, according to the ICS-classification
2. Subjects who undergo surgery for recurrence of stress incontinence
3. Subjects who undergo concomitant surgical procedures
4. Subjects who are pregnant or want to become pregnant
5. Subjects are not capable of giving informed consent

## **Study design**

## Design

Study type:	Interventional
Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
Control:	Active
Primary purpose:	Treatment

## Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-10-2009
Enrollment:	60
Type:	Anticipated

## Ethics review

Approved WMO	
Application type:	First submission
Review commission:	METC Amsterdam UMC

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

ID: 29267  
Source: Nationaal Trial Register  
Title:

## In other registers

Register	ID
CCMO	NL28973.018.09
OMON	NL-OMON29267