# Promotion of vegetables and fruit consumption of school children - PRO GREENS

Published: 29-04-2009 Last updated: 04-05-2024

To measure fruit and vegetable intake among 11-year-olds and the determinants of fruit and

vegetable intake

**Ethical review** Approved WMO **Status** Recruiting **Health condition type** Other condition

**Study type** Observational non invasive

## **Summary**

#### ID

NL-OMON33470

Source

ToetsingOnline

**Brief title** 

**PRO GREENS** 

#### Condition

Other condition

#### **Synonym**

not applicable

**Health condition** 

nvt

#### **Research involving**

Human

### **Sponsors and support**

**Primary sponsor:** Vrije Universiteit Medisch Centrum

Source(s) of monetary or material Support: Europese Commissie; DG Sanco

#### Intervention

**Keyword:** children, fruit, promotion, vegetables

#### **Outcome measures**

#### **Primary outcome**

fruit and vegetable intake

determinants of fruit and vegetable intake

#### **Secondary outcome**

not applicable

# **Study description**

#### **Background summary**

Fruit and vegetable intake has been associated with lower risks for certain cancers, cardiovascular diseases and overweight. However, the majority of the population does not meet the daily recommendations. Therefore a better understanding of the determinants of fruit and vegetable intake is needed in order to develop effective interventions that promote fruit and vegetable intake.

#### Study objective

To measure fruit and vegetable intake among 11-year-olds and the determinants of fruit and vegetable intake

#### Study design

Longitudinal observational study with two repeated measurements

#### Study burden and risks

The children will complete a questionnaire during one school hour and in a

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## **Contacts**

#### **Public**

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## **Trial sites**

## **Listed location countries**

**Netherlands** 

# **Eligibility criteria**

#### Age

Children (2-11 years)

#### Inclusion criteria

6th grade of primary school

#### **Exclusion criteria**

not applicable

# Study design

## **Design**

Study type: Observational non invasive

Masking: Open (masking not used)

Control: Uncontrolled Primary purpose: Prevention

#### Recruitment

NL

Recruitment status: Recruiting
Start date (anticipated): 21-05-2009

Enrollment: 1000
Type: Actual

## **Ethics review**

Approved WMO

Date: 29-04-2009

Application type: First submission

Review commission: METC Amsterdam UMC

## **Study registrations**

## Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register

ID

ССМО

NL27538.029.09