

# Functional MRI of taste intensity in healthy normal-weight men

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Our main objectives are to determine the brain regions whose activity co-vary with sweet and savoury taste intensity (objective intensity) and to determine the brain regions whose activity co-vary with subjective ratings of taste intensity (...)

<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Other condition
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON33680

### Source

ToetsingOnline

### Brief title

Functional MRI of taste intensity

### Condition

- Other condition

### Synonym

n.v.t.

### Health condition

geen

### Research involving

Human

## Sponsors and support

**Primary sponsor:** Universitair Medisch Centrum Utrecht

**Source(s) of monetary or material Support:** Ministerie van OC&W, NWO-STW

## Intervention

**Keyword:** brain, functional MRI, intensity, taste

## Outcome measures

### Primary outcome

To measure the activity in the amygdala and insula that is associated with the change in taste intensity, regardless of the pleasantness of the taste.

### Secondary outcome

To determine whether the pleasantness of sweet and savoury is in relation with the intensity of the taste stimuli.

## Study description

### Background summary

In the mechanism of food intake and food choice, satiation plays an important role. Satiation refers to the inhibition of hunger and appetite after food consumption, which ultimately stops food intake. Sensory-specific satiation (SSS) refers to the decrease in pleasantness of a food after it has been eaten to satiation. Sensory properties play an important role in sensory sensation, and therefore influence sensory-specific satiation. The oral exposure, intensity and complexity of the food are important properties for the sensation of the food in the mouth. These properties therefore play an underlying role in understanding sensory-specific satiation. Our central hypothesis is that the activity in the amygdala and insula is associated with change in intensity of taste, regardless of the pleasantness of the taste. Also is expected that the pleasantness of sweet and salt taste is in relation with the intensity of the taste stimuli.

### Study objective

Our main objectives are to determine the brain regions whose activity co-vary

with sweet and savoury taste intensity (objective intensity) and to determine the brain regions whose activity co-vary with subjective ratings of taste intensity (subjective).

## **Study design**

A randomized crossover design intervention study

## **Intervention**

Subjects will undergo four times a 20 minute fMRI scan. During the a fMRI scan subjects will taste fruitjuice or tomatojuice

## **Study burden and risks**

The intervention is non-therapeutic to the subjects. Subjects fast for at least two hours, preceding the scans. They will be scanned two times for 20 minute per testday, while tasting fruitjuice or tomatojuice. This type of paradigm has been employed earlier and poses no risk. Functional MRI is a safe and non-invasive technique. In summary, the risk associated with participation is assessed as negligible and the burden as minimal.

## **Contacts**

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## **Trial sites**

## Listed location countries

Netherlands

## Eligibility criteria

### Age

Adults (18-64 years)

Elderly (65 years and older)

### Inclusion criteria

Men, righthanded, normal weight (BMI between 20-25 kg/m<sup>2</sup>), age between 18 and 30 years, the willingness to be informed about possible brain abnormalities (coincidence findings with MRI)

### Exclusion criteria

Unremoveable metal in body, smoking, excessive alcohol use, diet, medication use (different then paracetamol), claustrofobic.

## Study design

### Design

**Study type:** Interventional

Masking: Single blinded (masking used)

Control: Uncontrolled

Primary purpose: Other

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 08-09-2008

Enrollment: 15

Type: Actual

## Ethics review

Approved WMO

Date: 08-07-2008

Application type: First submission

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

Approved WMO

Date: 04-08-2009

Application type: Amendment

Review commission: METC Universitair Medisch Centrum Utrecht (Utrecht)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL22266.041.08