

# Characterization of veterinary and community acquired MRSA: determinants, transmissibility and virulence

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|                              |                                |
|------------------------------|--------------------------------|
| <b>Ethical review</b>        | Approved WMO                   |
| <b>Status</b>                | Recruitment stopped            |
| <b>Health condition type</b> | Bacterial infectious disorders |
| <b>Study type</b>            | Observational non invasive     |

## Summary

### ID

NL-OMON33751

### Source

ToetsingOnline

### Brief title

VET.CAM study

### Condition

- Bacterial infectious disorders

### Synonym

hospital bacteria, MRSA

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Vrije Universiteit Medisch Centrum

**Source(s) of monetary or material Support:** ZonMw

## **Intervention**

**Keyword:** determinants, MRSA, transmissibility, virulence

## **Outcome measures**

### **Primary outcome**

The difference in transmissibility of NT-MRSA and CA-MRSA compared to T-MRSA.

This is primarily determined by the prevalence of secondary cases among household members (secondary attack rate). A secondary case is defined as a household member that carries the same molecular type of MRSA as the index-case. The prevalence of transmission is calculated by dividing the total number of secondary cases by the total number of susceptible household members. Furthermore, the determinants of NT-MRSA and CA-MRSA carriage will be defined using a questionnaire. The prevalence of these determinants will be compared with HA-MRSA carriage and non-MRSA carriage.

To determine the virulence of NT-MRSA and CA-MRSA the occurrence of infections caused by these MRSA's are compared. Also the occurrence of medical events in general and the use of antimicrobial agents is measured. The burden of disease will be measured using four short self-administered questionnaires. Adjustment for factors that may affect the occurrence of disease will be applied using regression analysis.

### **Secondary outcome**

not applicable

# Study description

## Background summary

Traditionally, methicillin-resistant *Staphylococcus aureus* (MRSA) has been considered as a hospital associated pathogen. Since approximately 10 years, MRSA has expanded its territory to the community causing severe infections in previously healthy persons all over the world. Although community-acquired MRSA (CA-MRSA) infections are usually mild, they may also be severe, and can result in hospitalisation and even death. In The Netherlands there is an increasing number of individuals who are identified as carriers of MRSA that do not belong to known risk groups, indicating a new source outside of the hospital. To define preventive interventions in the community and to improve the control measures in hospitals and nursing homes more knowledge is needed on the reservoirs and transmission routes in the general population.

Furthermore, in 2003 a new clone of MRSA was observed in The Netherlands that is related to an extensive reservoir in pigs and cattle. A survey among pigs at slaughterhouses showed that 40% of all pigs were colonized with MRSA. This clone is characterized by being non-typable by the typing method that is used at the Dutch national reference laboratory at the RIVM and therefore is named non-typable MRSA (NT-MRSA). By the end of 2007, 30% of all new MRSA strains in The Netherlands were NT-MRSA.

At present it is unclear whether NT-MRSA is easily transmissible from human to human. Considering the extensive reservoir in animals and people who work with these animals, there are at present relatively few cases of NT-MRSA in people who are not directly related to farming. If NT-MRSA is hardly transmissible from human to human this would limit the public health impact and the control measures in health care facilities could probably be less stringent.

## Study objective

The objective of this study is to identify determinants, to determine the transmissibility and to determine the burden of disease of NT-MRSA and CA-MRSA carriage compared to other typeable MRSA strains in the community.

## Study design

Members of the VGV and newly found MRSA patients who are colonized with T-MRSA will be asked to take a nasal and throat swab and return these by mail to a central laboratory. All included subjects will be visited by the investigator or a research nurse. The eligibility is checked and written informed consent is obtained from all the household members. A questionnaire is taken to collect demographic data and information on risk factors for MRSA infection/colonization. Subsequently, a specimen for culture from both anterior nares, the throat and skin lesions if applicable from all household members

will be obtained.

All subjects and their household members will be followed for the occurrence of medical events during one year. This includes the development of infections with MRSA, antibiotic use and other significant medical events. The sampling will be repeated after 4, 8 and 12 months. The material and instructions for sampling at 4 and 8 months will be delivered at the intake visit together with a short questionnaire. Participants will be asked to take samples from nares and throat and send them together with the questionnaire to the central laboratory. At 12 months the investigator or the research nurse will visit the participants again and will take microbiological samples from nose and throat and a final medical questionnaire.

## **Study burden and risks**

Participation in the study does not take much time and there are no invasive procedures. Altogether, nose and throat swab samples will be taken four times from all subjects and their household members and will be sent to the Amphia Hospital Breda, Laboratory for Microbiology and Infection Control for identification of MRSA. Taking nose and throat swabs should not be considered to be much discomfort to the subjects.

Also, all samples will be typed using three different typing methods.

Amplified-fragment length polymorphism (AFLP) analysis will be performed at the VUmc. Multi-locus variable-number tandem-repeat analysis (MLVA) and the spa typing will be performed at the RIVM. Furthermore, during the one year follow-up period questionnaires are taken four times, which are four short questionnaires each period. At the beginning and at the end of the study two extensive questionnaires will be taken. There will be no physical or physiological discomfort, no site visits and no physical examinations or other tests associated with participation. Therefore, participation in the study will not involve any substantial risk for the included subjects and the investigators will not interfere with treatment.

## **Contacts**

### **Public**

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NL

### **Scientific**

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## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

### **Age**

Adolescents (12-15 years)

Adolescents (16-17 years)

Adults (18-64 years)

Children (2-11 years)

Elderly (65 years and older)

### **Inclusion criteria**

- Index-cases of any age are eligible
- Index-cases have at least one household member (only applicable for VET study)
- Household members of any age are eligible

### **Exclusion criteria**

- Living on a farm with pigs or veal calves
- Professional contact with pigs or veal calves by the household members
- Treatment for colonization of MRSA in the last 3 months of the index-case or any of the household members
- Living in a nursing home or other healthcare facility
- Persons who are no patients, for example MRSA positive health care workers of the participating hospital
- Persons living abroad (only applicable for CAM study)

## **Study design**

## Design

|                     |                                 |
|---------------------|---------------------------------|
| Study type:         | Observational non invasive      |
| Intervention model: | Other                           |
| Allocation:         | Non-randomized controlled trial |
| Masking:            | Open (masking not used)         |
| Control:            | Active                          |
| Primary purpose:    | Basic science                   |

## Recruitment

|                           |                     |
|---------------------------|---------------------|
| NL                        |                     |
| Recruitment status:       | Recruitment stopped |
| Start date (anticipated): | 01-05-2008          |
| Enrollment:               | 1250                |
| Type:                     | Actual              |

## Ethics review

|                    |                        |
|--------------------|------------------------|
| Approved WMO       |                        |
| Date:              | 04-12-2007             |
| Application type:  | First submission       |
| Review commission: | METC Brabant (Tilburg) |
| Approved WMO       |                        |
| Date:              | 26-02-2008             |
| Application type:  | Amendment              |
| Review commission: | METC Brabant (Tilburg) |
| Approved WMO       |                        |
| Date:              | 11-08-2008             |
| Application type:  | Amendment              |
| Review commission: | METC Brabant (Tilburg) |
| Approved WMO       |                        |
| Date:              | 01-03-2010             |
| Application type:  | Amendment              |
| Review commission: | METC Brabant (Tilburg) |

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

| Register | ID             |
|----------|----------------|
| CCMO     | NL19489.008.07 |