# Measuring joint stressing magnitudes when performing knee arthroscopies

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Ethical review	Approved WMO	
Status	Pending	
Health condition type	Joint disorders	
Study type	Observational non invasive	

# Summary

### ID

NL-OMON34116

**Source** ToetsingOnline

**Brief title** Knee joint stressing

# Condition

- Joint disorders
- Bone and joint therapeutic procedures

**Synonym** meniscal lesion, soccer knee

**Research involving** Human

## **Sponsors and support**

Primary sponsor: Academisch Medisch Centrum Source(s) of monetary or material Support: Ministerie van OC&W

## Intervention

Keyword: arthroscopy, knee, magnitude, stress

#### **Outcome measures**

#### **Primary outcome**

Primary study parameter is the magnitude of knee joint stressing force. The expected end point is the analysis of the magnitude and variation of the joint stressing forces and the comparison with a theoretical maximum stressing force to set up a guideline for safe stressing. These safety levels will be used to implement force feedback in the arthroscopic simulators. As a result, residents will experience enhanced training, start their first arthroscopy with a higher competency level, and potentially shorten their learning curve with repeated simulator training. Eventually, this contributes to an increase of patient safety and decrease of surgical errors.

#### Secondary outcome

nvt

# **Study description**

#### **Background summary**

During arthroscopy of the knee joint, the available joint space is increased by stressing the lower leg. This way the surgeon has more manoeuvrability to inspect and navigate throughout the complete knee joint and to perform surgical treatment. This skill is considered as one of the five important arthroscopic skills a resident should ideally possess before he/she starts training in the operating room.

Training of these skills is preferably performed in arthroscopic knee simulator away from the patient. For adequate realistic training, feedback should be given to the resident indicating if he or she stays within stressing limits that prevent damage of knee ligaments. Data on these tolerable joint stressing forces are unavailable in literature.

#### **Study objective**

Therefore, the study goal is to measure quantitative magnitudes and variation of joint stressing forces in vivo during arthroscopic knee surgery.

#### Study design

Patients receive an information letter at least four days before surgery and can decide on participation on the day of surgery. Preparations for the measurements are done before the patient entering the operating room. During surgery, synchronized measurements are performed of the stressing force with a load sensor attached to the surgeon, and video recordings of the lower leg to determine its posture and of the arthroscopic view.

#### Study burden and risks

No interventions will take place, the operation will be delayed for a maximum of 2 minutes and subjects are not disturbed other than to fill out the informed consent and measurement of their lower leg length and knee instability. There are no risks for the patients.

# Contacts

**Public** Academisch Medisch Centrum

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# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## **Inclusion criteria**

Patients should be scheduled for a routine knee arthroscopy at the daycare centre. Patients should have an age 18 years or older Patients should be able to read the patient informatio

# **Exclusion criteria**

Knee arthroscopy that is not performed at the daycare centre Age lower than 18 years

# Study design

## Design

Study type: Observational non invasive		
Masking:	Open (masking not used)	
Control:	Uncontrolled	
Primary purpose:	Treatment	

## Recruitment

NL	
Recruitment status:	Pending
Start date (anticipated):	01-10-2010
Enrollment:	21
Туре:	Anticipated

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# **Ethics review**

Approved WMO Application type: Review commission:

First submission METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

# Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register** CCMO ID NL33847.018.10