# Regulation of LPL in patients with the metabolic syndrome

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1) To asses heparin-induced LPL release curves in patients with the Mets 2) To determine differences in gene expression of LPL, GPIHB1 and ANGPTL4 in muscle and adipose tissue of patients with the MetS compared to health controls3) To determine...

Ethical review	Approved WMO	
Status	Pending	
Health condition type	Coronary artery disorders	
Study type	Observational invasive	

# Summary

## ID

NL-OMON34217

**Source** ToetsingOnline

Brief title LPL and MetS

# Condition

- Coronary artery disorders
- Lipid metabolism disorders

#### Synonym

fat in blood, high cholesterol

**Research involving** Human

## **Sponsors and support**

Primary sponsor: Academisch Medisch Centrum Source(s) of monetary or material Support: Ministerie van OC&W

## Intervention

Keyword: GPIHBP1, LPL, Metabolic syndrome, Triglycerides

## **Outcome measures**

#### **Primary outcome**

Differences between cases and controls for:

Plasma cholesterol, triglycerides, LDLc, HDLc, apoAl, apoB, apoCll, apoE,

apoCIII, ApoAV and ANGPLT 3 and 4

mRNA expression and protein concentration of LPL, GPIHBP1 and ANGPTL4 in

adipose tissue

mRNA expression and protein concentration of LPL, GPIHBP1 and ANGPTL4 in muscle

tissue

Histological examination of adipose tissue using antibodies against LPL,

GPIHBP1 and ANGPTL4.

Histological examination of muscle tissue using antibodies against LPL, GPIHBP1

and ANGPTL4

#### Secondary outcome

not applicable

# **Study description**

#### **Background summary**

Recently, elevated plasma triglycerides (TG) have been shown to be an independent risk factor for cardiovascular disease (CVD). However the etiology of hypertriglyceridemia is complex and poorly understood. It is well known that lipoprotein lipase (LPL) plays a crucial role in hydrolysis of triglyceride-rich lipoproteins. More recently a new endothelial cell protein, glycosylphosphatidylinositol-anchored high density lipoprotein\*binding protein 1 (GPIHBP1) has been identified as a platform for LPL binding at the endothelial cell surface. LPL action requires GPIHBP1 but is also modulated by several plasma proteins including ApoCII, ApoCIII, ApoAV and ANGPTL4. To date, the interaction between these proteins and GPIHBP1 and LPL in humans is largely unknown.

Hypertriglyceridemia is a common feature in patients with the metabolic syndrome (MetS) but the underlying mechanism is not completely understood. We propose that impaired LPL action is contributing significantly to the hypertriglyceridemic state often observed in patients with MetS. In the current study we aim to improve our understanding of how LPL action is impaired in these patients. We will study tissue concentrations of LPL and GPIHBP1 and release kinetics of LPL in patients with the Mets. LPL resides in different compartments which may affect the time span of LPL release. LPL, bound to GPIHBP1 at the endothelial cell surface will be directly involved in TG hydrolysis and will be quickly released after a heparin bolus. We are also interested in testing that LPL localized in the subendothelial space will not be readily available for lipolysis and will have slower release kinetics in patients with MetS as it was found in a patient with GPIHBP1 deficiency. Thus a heparin-induced LPL release curve will reflect GPIHBP1 function and will provide valuable information on LPL action in vivo. We hope that detailed insights into the molecular mechanisms involved in LPL action may reveal novel targets for future treatment therapy focused on increasing LPL action and thus improving TG homeostasis and reduce CVD risk.n the current study we aim to test the hypothesis that LPL function is impaired in patients with the metabolic syndrome compared to healthy controls.

### **Study objective**

 To asses heparin-induced LPL release curves in patients with the Mets
To determine differences in gene expression of LPL, GPIHB1 and ANGPTL4 in muscle and adipose tissue of patients with the MetS compared to health controls
To determine differences in expression of LPL, GPIHB1 and ANGPTL4 in muscle and adipose tissue of patients with the MetS compared to health controls

### Study design

This study will be a cross-sectional, case-control study

### Study burden and risks

Patients and controls will visit the AMC in Amsterdam on 2 separate occasions for a time period of 30 minutes and 2 hours respectively. Subjects should fast overnight prior to both visits. During the screenings visit 12 millilitres of blood will be drawn of which no side effects are to be expected. Patients on lipid lowering drugs will be asked to discontinue treatment 4 weeks prior to the study visit. Discontinuation of lipid lowering medication for 4 weeks in these patients is not expected to increase risk for CVD substantially. A fat and muscle biopsy will be performed. The risks of these procedures are overall minimal. There can be some mild discomfort or pressure during the needle insertion and afterwards the area may feel tender or bruised. There is a slight risk of infection and there is also a minor risk of bruising or slight bleeding for several days. In our experience, fat and muscle biopsy are overall well tolerated and leave if any, minimal scarring.

During the heparin LPL test a drip will be placed which carries the risk of developing hematoma and pain. Theoretically administration of heparin carries the risk of bleeding, including the formation of hematoma at the place of injection, thrombocytopenia, reversible hair loss, collapse and vascular cramps. Since we administer 50 Units/kg we do not expect any complications. In fact, the heparin-LPL test has been performed in our hospital for more than 5 years. We have not witnessed any adverse event following a single heparin bolus. Due to the rapid half life of heparin, all anticoagulant effect will have disappeared within 2 hours following heparin administration. During the study visit blood will be drawn for the assessment of lipids, glucose, insulin, adiponectin, ANGPTL4, apoC-III, apoA-V and LPL activity and mass and additional blood will be drawn for storage. Since the total volume of blood withdrawn during the study visit is less than 100 ml, no side effects are to be expected.

# Contacts

#### Public

Academisch Medisch Centrum

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# **Trial sites**

# **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

## **Inclusion criteria**

Patient with metabolic syndrome will have to meet at least three of the following criteria (HTG will be a mandatory criteria).

o Central obesity; WC > 94 cm in male and > 80 cm in female

o Elevated plasma triglycerides 2.0-6.0 mmol/L

o Fasting plasma glucose (FPG) < 5.6 mmol/L

## **Exclusion criteria**

- \* BMI >32
- \* Cardiovascular disease
- \* Current use of the following medications: Heparin, or other blood diluting medication
- \* Hepatic dysfunction
- \* End stage renal disease
- \* History of bleeding or recent surgical intervention

# Study design

# Design

Study type:	Observational invasive	
Intervention model:	Other	
Allocation:	Non-randomized controlled trial	
Masking:	Open (masking not used)	
Control:	Active	
Primary purpose:	Basic science	

## Recruitment

NL Recruitment status:

Pending

Start date (anticipated):	01-08-2010
Enrollment:	60
Туре:	Anticipated

# **Ethics review**

Approved WMO Application type: Review commission:

First submission METC Amsterdam UMC

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

## Other (possibly less up-to-date) registrations in this register

No registrations found.

## In other registers

**Register** CCMO

ID NL32700.018.10