# Vitamins also healthy after therapeutical radiation? Investigation after the effects of Iascorbid acid and d-a-tocopherol

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The most important objective from this investigation is to prevent or substitute the damage which is coused by therapeutical radiation. As it's most likely that the skin damage as a result of therapeutical radiation can be more limited. From...

Ethical review	Not approved
Status	Recruitment stopped
Health condition type	Epidermal and dermal conditions
Study type	Interventional

# Summary

### ID

NL-OMON34247

**Source** ToetsingOnline

**Brief title** Vitamins also healthy after therapeutical radiation?

# Condition

• Epidermal and dermal conditions

**Synonym** Erytheem, Roodheid

**Research involving** Human

### **Sponsors and support**

### Primary sponsor: Medisch Spectrum Twente

**Source(s) of monetary or material Support:** De maatschap radiologie betaald de huur van de photospectrometer.

### Intervention

Keyword: erythema, I-ascorbid acid and d-a-tocopherol, Radiation, skin

### **Outcome measures**

#### **Primary outcome**

Group sample sizes of 15 in both groups to achieve 93% power to detect a

difference of 10,0 between the null hypothesis that both group means are 45,0

and the alternative hypothesis that the mean of group 2 is 35,0 with estimated

group standard deviations of 8,0 and 8,0 and with a significance level (alpha)

of 0,05 using a two-sided two-sample t-test.

### Secondary outcome

nvt

# **Study description**

### **Background summary**

Making a start with the development of a scientific guidline for the treament of the skin after therapeutical radiation

### **Study objective**

The most important objective from this investigation is to prevent or substitute the damage which is coused by therapeutical radiation. As it's most likely that the skin damage as a result of therapeutical radiation can be more limited.

From former studies is shown that the effects of l-ascorbic acid and d- $\alpha$ tocopherol are exceptional in comparing to other products. Recently there has been a literary studie where former studies haven been put together, this is shown in addendement C from the protocol.

I-Ascorbic acid and d- $\alpha$ -tocopherol are able to reduce free radicals, whereby the skin is able to recoverand to protect itself.

The investigations after the effects of l-ascorbic acid and d- $\alpha$ -tocopherol are tested, only after ultraviolet radiation. Thereby is there in this investigation searched if both ultraviolet as ionizing radiation cause similar damage, there has been found clear similarities.

#### Study design

A pilotstudy where the choise has been made to treat half of the patients with and the other half without the use of the serum

#### Intervention

Daily topical apply of a serum containing 15% l-ascorbic acid, 1% d- $\alpha$ -tocopherol and 0,1% ferulic acid

#### Study burden and risks

The patients will be minimal loaded as the measurments will be directly after their therapeutical radiation. Where will als be the oppurtunity to fill in the questionarys.

At home the patients will be applying the serum topical at the breast. This will only take seconds.

Futher there is no load and the risks are very low, there can only be developed a hypersensitivity for one of the ingredients and in the most unlikely case the treatment will be less effective.

# Contacts

Public Medisch Spectrum Twente

Haaksbergerstraat 55 7513 ER Enschede Nederland **Scientific** Medisch Spectrum Twente

Haaksbergerstraat 55 7513 ER Enschede Nederland

# **Trial sites**

### **Listed location countries**

Netherlands

# **Eligibility criteria**

#### Age

Adults (18-64 years) Elderly (65 years and older)

### **Inclusion criteria**

- 1. Woman diagnosed with breastcancer which have undergone breast saving therapie
- 2.Radiation according to the "new" method from 21 treatments.
- 3.WHO-performace status 0-2
- 4.Skintyp according to Fitzgerald 1-4
- 5.Gave their permission

# **Exclusion criteria**

- 1.Patientgroup shouldn't be treated or being treated with chemotherapy
- 2.No radiotherpy in the past
- 3.No hypertrofia / keloidal scarring
- 4.No metastases
- 5.No diabetes mellitus type 1&2
- 6.No illness which can influence the skinrecovery
- 7.No medication which couse hypersensibility from the skin
- 8.No hypersensitivity for one of the ingredients

# Study design

# Design

Study phase: Study type: 3

Interventional

Intervention model:	Parallel
Allocation:	Randomized controlled trial
Masking:	Open (masking not used)
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Primary purpose: Treatment

### Recruitment

МП

NL	
Recruitment status:	Recruitment stopped
Start date (anticipated):	01-09-2010
Enrollment:	30
Туре:	Anticipated

### Medical products/devices used

Product type:	Medicine
Brand name:	C E Ferulic
Generic name:	C E Ferulic
Registration:	Yes - NL outside intended use

# **Ethics review**

Not approved	
Date:	01-10-2011
Application type:	First submission
Review commission:	METC Twente (Enschede)

# **Study registrations**

# Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

# In other registers

Register	
EudraCT	
ССМО	
Other	

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