

# Single pulse TMS: variability and reproducibility of MEP and EEG responses in healthy subjects.

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<b>Ethical review</b>	Approved WMO
<b>Status</b>	Recruitment stopped
<b>Health condition type</b>	Seizures (incl subtypes)
<b>Study type</b>	Interventional

## Summary

### ID

NL-OMON34432

### Source

ToetsingOnline

### Brief title

TMS response in healthy subjects

### Condition

- Seizures (incl subtypes)

### Synonym

epilepsy, seizures

### Research involving

Human

### Sponsors and support

**Primary sponsor:** Universiteit Twente

**Source(s) of monetary or material Support:** Ministerie van OC&W,PIDON project (Pieken in de Delta Oost Nederland)

## Intervention

**Keyword:** EEG, MEP, TMS, transcranial magnetic stimulation

## Outcome measures

### Primary outcome

Our main endpoints are the variability and reproducibility of the MEP and EEG responses during the day, so we will present mean values, standard deviations and amounts of change in the following TMS responses:

#### MEP

- o Amplitude (mV)
- o Latency (msec)
- o Motor threshold (Tesla)

#### EEG response

- o Amplitude of peaks (microV)
- o Latencies of peaks (msec)

### Secondary outcome

EEG response: Additional signal analysis methods, including wavelet analysis of early EEG responses and the spatiotemporal characteristics of the EEG response.

## Study description

### Background summary

The diagnostic process in epilepsy is often time-consuming due to the limited sensitivity and the nature of standard EEG recordings. TMS-EEG is a candidate

tool to significantly improve the diagnostic efficiency in epilepsy. In this study, we will perform initial measurements in healthy volunteers to evaluate the presence of a circadian rhythm in TMS-EEG responses. Clearly, the presence or absence of a circadian rhythm is relevant for subsequent measurements in patients, as this may interfere with variations due to epilepsy.

## **Study objective**

The primary objective of this study is to evaluate if there exists a circadian variability of the MEP and EEG response to single pulse TMS in healthy subjects.

Secondary objectives are to:

- investigate the accuracy of coil placement and the overall reproducibility of the MEP and EEG measurements performed with our equipment.
- explore additional signal analysis techniques for characterizing the EEG response.
- evaluate the TMS-EEG protocol for future studies in epilepsy patients.
- collect TMS-MEP and TMS-EEG data in healthy subjects to use as control data for future studies in epilepsy patients.

## **Study design**

This study is an interventional study that will run from July - September 2010.

Before subjects will be included, they will fill out the screening questionnaire for TMS candidates and the Dutch Handedness Questionnaire to determine if they are right-handed. All subjects will receive an MRI of the head prior to the TMS experiments.

At the day of the TMS experiments, subjects will undergo five sessions of single pulse TMS between 8 AM and 19 PM. During the administration of TMS pulses, MEP and EEG measurements take place. Single pulse TMS is applied to 3 different parts of the brain, in both hemispheres. Five subjects will be asked to return for an additional session, one week after their whole day of TMS experiments. This session will be used to examine the reproducibility of our measurements. There will be no invasive procedures. None of the procedures is part of a medical treatment.

## **Intervention**

TMS (transcranial magnetic stimulation).

The TMS equipment has a maximum output of 1.5 Tesla. The pulse duration is 400 microsec. 50 Single TMS pulses will be given to 6 different brain areas (3 in each hemisphere), while the EMG and EEG are registered. There are 5 TMS sessions, at 8:00 AM, 10:30 AM, 13:00 PM, 15:30 PM and 18:00 PM.

First, the hot spot and motor threshold of the right abductor digiti minimi (ADM) are determined. Then, the 3 brain areas in the left hemisphere are stimulated on 110% of motor threshold. Measurements are then repeated in the right hemisphere. Pulses are given with a frequency of  $\sim 0.25$  Hz (single pulse TMS).

### **Study burden and risks**

The MRI scan of the head takes  $\sim 20$  minutes. The single pulse TMS experiment consists of 5 experimental sessions of  $\sim 50$  minutes during 1 day. Applying the EEG cap and EMG electrodes takes 30 minutes and takes place prior to the first TMS session. During the TMS experiments, the subject will be seated in a comfortable chair. The MRI, EEG and EMG measurements will only produce minor discomfort and do not have associated risks. Single pulse TMS is generally well tolerated. Possible side-effects and risks are described in section 9.4 in the protocol.

## **Contacts**

### **Public**

Universiteit Twente

Drienerlolaan 5  
7522 NB Enschede  
NL

### **Scientific**

Universiteit Twente

Drienerlolaan 5  
7522 NB Enschede  
NL

## **Trial sites**

### **Listed location countries**

Netherlands

## **Eligibility criteria**

## Age

Adults (18-64 years)

Elderly (65 years and older)

## Inclusion criteria

age between 18 and 60

right handed

## Exclusion criteria

personal history of epilepsy

lesion in the brain

hearing problems

(possible) pregnancy

metal objects in brain/skull

cochleair implant, implanted brain electrode or pacemaker

severe medical condition

take medications that lower the threshold for seizures

spinal surgery, drains in spinal cord or ventricles

use illegal drugs

## Study design

### Design

**Study type:** Interventional

Masking: Open (masking not used)

Control: Uncontrolled

Primary purpose: Diagnostic

### Recruitment

NL

Recruitment status: Recruitment stopped

Start date (anticipated): 24-11-2010

Enrollment: 20

Type: Actual

## Ethics review

Approved WMO

Date: 27-09-2010

Application type: First submission

Review commission: METC Twente (Enschede)

## Study registrations

### Followed up by the following (possibly more current) registration

No registrations found.

### Other (possibly less up-to-date) registrations in this register

No registrations found.

### In other registers

Register	ID
CCMO	NL32504.044.10